

Antibes:

14/17 years old

Antibes/Juan les Pins offers all the benefits of the Riviera with the charm of the picturesque streets of Antibes, splendid sandy beaches and plenty of sunshine and yet is only 13 km from Nice airport.

Standard Programme

- One, two, three or four week programmes
- 20 group lessons per week
- Up to 15 students per class level
- 45 minutes per lesson
- No lessons on the first Monday

In total there are 36 lessons over 2 weeks (unless a day is lost to a public holiday). This is equal to a term of contact lessons at your school in the UK and you are immersed in France, speaking French with native French speaking teachers and the "animateurs" (who help organise the social activities each week).



Four ability levels are catered for, in compliance with the European framework of Reference:

Beginner
Intermediate: B1-, B1, B1+

Elementary: A1 & A2
Advanced: B2, C1, C2

Intensive Programme

- One, two, three or four week programmes
- 20 plus 6 additional group lessons per week
- Up to 15 students in AM
- & up to 6 students in PM classes on Tuesday & Thursday
- 45 minutes per lesson
- No lessons on the first Monday

The additional PM sessions are perfect for those who wish to use this chance for extra practise in the French language so that they can improve their oral skills. Small class sessions ensure ample opportunity to talk!

Excursions: A range of activities are offered as an inclusive part of this programme including 1/ a half-day trip 2/ a full day trip and 3/ a weekly barbecue or Crepes party.

Additional activities are offered as a rolling programme of events during the summer at additional cost. Students are advised of the options once in France via a notice board in the Centre. (i.e. water-skiing or horse-riding, all taught through local clubs by certified national qualified instructors).

No activities take place on the first or last day of a course, as the group leaders are busy helping students settle in, or depart at the end of their stay.

Going Out Permission for teenagers: See end of fact sheet for details.

Start dates: 2016

March	April	May	June	July	August	September	October
21, 29*	4, 11, 18, 25	2, 9, 17*, 23, 30	6, 13, 20, 27	4, 11, 18, 25	1, 8, 16*, 22, 29	5, 12, 19, 26	3, 10, 17, 24

Programme prices

Standard Programme

Intensive Programme

Tuition & private household. Shared room		Tuition & residential centre Shared room		Tuition & private household. Shared room		Tuition & residential centre Shared room	
One week	€ 790.00	One week	€ 790.00	One week	€ 863.00	One week	€ 863.00
Two weeks	€ 1520.00	Two weeks	€ 1520.00	Two weeks	€ 1666.00	Two weeks	€ 1666.00
Three weeks	€ 2234.00	Three weeks	€ 2234.00	Three weeks	€ 2449.00	Three weeks	€ 2449.00
Four weeks	€ 2979.00	Four weeks	€ 2979.00	Four weeks	€ 3265.00	Four weeks	€ 3265.00

Fees include: Tuition and accommodation for length of course booked, return transfer from Nice airport on arrival Sunday and departure Saturday at agreed times only, social activities described as inclusive in course fees.

CESA administration fee: € 50.00 is added per student enrolling on each programme.

Single room supplement: € 117.00 per week in private household € 160.00 per week in residential centre

Gluten Free meals supplement:

€15.00 per meal (€105.00 pr wk) in residence & € 20.00 per week in private household

Public holidays, when no lessons are held: 28 Mar, 05 & 16 May, 14 Jul, 15 Aug 2016

* Please note there will be no assessment due to the public holiday on 6th Apr or 25 May. We do not recommend these weeks for one week course students (as effectively there will only be three days of language tuition).



Travel: Arrive: **Sunday** Depart: **Saturday AM**

Fly to Nice International and take the inclusive college arranged transfer service from Nice airport or Antibes station to the student accommodation in Antibes. The return transfer fee is also an inclusive item in the course fees. Please ensure the flights arrive on the Sunday at a reasonable hour and likewise depart at a reasonable time on the Saturday. Set arrival days/times apply to the transfer service and cannot be altered. You are welcome to arrive/depart on Saturday or Sunday of any weekend the college is open, but if not arriving on Sunday, or departing on Saturday a supplement of EUR 85.00 (shared) / EUR 105.00 (single) will be applied per extra night.

Programme Syllabus:

Monday to Friday

AM : French lessons

PM : Activities and excursions

Young people (14-17 years old)



OBJECTIVES : Acquiring fundamentals of French, basic grammar
Developing practical communicative functions for speaking and writing
Facilitating communication in French through entertaining and/or interesting activities specifically designed for young students

LEVELS : Complete Beginner to Advanced

PROGRAMME : Basic grammar programme (20 to 30% of the course)
Didactic activities including writing and speaking practise

METHODOLOGY : Use of various teaching aids :
Specialized material
Documents created by our directors of teaching
Visual documents
Audio and audio-visual documents
Authentic written documents
Intensive use of the video and of the camcorder
Simulations/ Role plays
Didactic games
Live practice outside of class (surveys, interviews/reports in town...)

ORGANIZATION : 15 persons in a group (maximum)
Time : 15 hours a week = 20 lessons



NB : The youth course programmes described hereafter are samples programmes for three or four weeks at the ELEMENTARY and AVANCED levels. They can be modified according to the teaching needs (group size, length of stay, themes, levels ...)

Elementary level

	GRAMMAR PROGRAMME	COMMUNICATIVE FUNCTIONS	ACTIVITIES & TEACHING AIDS
Wk 1	Evaluation Test ER verbs The auxiliary « ÊTRE » The negative form The adjective The interrogative form (1) Definite/indefinite articles The auxiliary AVOIR IL Y A (there is / are) Partitive articles The IR and DRE verbs Possessive adjectives AVOIR / ÊTRE	Introducing oneself / Introducing others Greeting / taking leave / welcoming Gathering simple information Telling simple things about oneself Describing people, objects, places Expressing likes / dislikes preferences Expressing a mood / a sensation	Comic strips : description of characters and invention of dialogues Game : discovering the photo Game : the game of professions Tests : Are you in love ? nervous ? romantic ? Crosswords the portrait game
Wk 2	Common irregular verbs Faire / prendre / aller / venir /pouvoir / vouloir Pronominal verbs (reflexive) The interrogative form Stressed pronouns Futur tense with « ALLER » Demonstrative adjectives « Je voudrais » (I would like) Verbs + infinitive form Aller à - y / venir de - en	Locating Asking politely / answering Thanking / apologizing Identifying characters and things Asking for / giving information Speaking about one's obligations, occupations and activities Ordering Agreeing / disagreeing Expressing obligation/ capacity Proposing / offering something	Game : « ni oui, ni non » Writing a postcard to a friend Yves Montant's telegram Game : « the fortune teller » The astrological signs (zodiac) Making a recipe Skits : - approaching someone from the opposite sex - ordering at the restaurant - interviewing a star A French song
Wk 3	The « passé composé » with « AVOIR » The interrogative form (3) The « passé composé » with ÊTRE / the recent past The negative form : « ne plus, ne pas,ne rien,ne jamais,etc ... » The negative with partitive articles / Adverbs The imperative form	Talking about past events Questioning someone (an interview) Expressing quantity Expressing a desire, a need, politely Giving orders Comparing things	Telling a story from a story board, a comic strip Advertisement pictures Game « the police officer » or the « alibi » : telling a crime Game « dictate the picture » or « blindman's buff »
Wk 4	Indirect speech Direct pronouns Possessive pronouns Indirect pronouns Demonstrative pronouns Imperfect past (imparfait) Imparfait / passé composé (comparing uses)	Reporting speech Expressing time, duration Situating in time « Faire faire » (have something done) Asking for a service / for help Advising Speaking of the past Narrating an event / a story	The telephone game « bouche à oreille » Skits (sale representative, telephone) Writing to the problem column Creating stories (with the first sentence imposed or based on excerpts of a book or film) A French movie Creating a T.V. news program in groups (use of the camcorder)

This is a standard program for the elementary level. It can be modified according to the length of stay, the students' levels (themes, grammar , etc ...)

Advanced level

	GRAMMAR PROGRAMME	THEMES	ACTIVITIES & TEACHING AIDS WEEK
Wk 1	Evaluation Test Past tenses (narrations) « Le passé composé » « L'imparfait » (imperfect) Plusperfect tense Conditional as future of the past Sequence of tense Directs and indirect object pronouns Indirect speech	Les 15-25 year-olds in France French mentality French cinema The French song	Creating questionnaires, surveys, interviews (live practice) Use of French social comic strips (ex : « Tendre Banlieu » by Tito, Reiser, Bretecher, Wolinski) à Creating a story based on some given data Use of advertisements (Sony) A comic action packed film « Les Fugitifs » with G.Depardieu et P. Richard and exploitation à French songs by : P. Bruel, W. Sheller, Bashung, J. Dutronc,
Wk 2	The imperative Subjunctive : - after conjunctions - after specific verbs Relative pronouns : « QUI -QUE - DONT - OU - LEQUEL- DUQUEL » Expressing opposition The passive form	Unemployment and young people Foreigners in France Holidays : how to enjoy them best ? Humour and French comics Comic strips	Text : getting old gracefully ? Articles from the press Creating a T.V. commercial (with camcorder) Song : « Je m'appelle Henri » from D. Balavoine Game : telling a story with first and last sentences imposed Role plays (a nudist beach in your town, the elevator breaks down) Video clips of comedians Activities in town (interviews prepared in advance) Text of comic strips : Franquin, Sempé, Wolinski, etc ...
Wk 3	The conditional Hypothetical sentences Consequence expression The present participle The gerund	Today's Europe and young people Boys and girls (flirting) Ecological concerns The Mediterranean region	Are you ready for Europe ? (questionnaire + texts) Test : « Are you a lady/man killer or don juan ? » Yves Montant's telegram Comic strip : « La drague » (Reiser) Game : Guessing a character («si c'était...» = «if it were...») Song : M. Le Forestier « Le frère » Your ecological I.Q. Debate : creating employment / protecting Nature ? Creating a T.V. news programme in groups (with a camcorder)

This is a standard program for the advanced level. It can be modified according to the length of stay, the students levels (themes, grammar , etc ...)

Antibes

Activity Programme

(example only)

Sunday

4.00pm Games at the swimming pool
6.00pm Badminton and Table tennis
7.00pm Supper / Quiz
8.45pm Welcome evening for the new students

Monday

8.00am Breakfast
9.00am Tour of Antibes
12.30pm Buffet
1.30pm French evaluation (*or French course from Wk 2 onwards*)
6.00pm Volley ball
7.00pm Supper / Penalty Kick
8.45pm BBQ evening

Tuesday

8.00am Breakfast
9.00am French course (*09.00 to 12 noon*)
12.30pm Buffet
1.30pm Visit to Monaco
6.00pm Circus games
7.00pm Supper / Waiters race
9.00pm Casino night on site

Wednesday

8.00am Breakfast
9.00am French course
12.30pm Buffet
1.30pm Sailing
6.00pm Soccer
7.00pm Supper / Football- Tennis
9.00pm Free evening or video

Thursday

8.00am Breakfast
9.00am French course
12.30pm Buffet
1.30pm Free afternoon (Kiosk or Beach?)
6.00pm Dance
7.00pm Supper / Darts
9.00pm Cabaret evening

Friday

8.00am Breakfast
9.00am French course
12.30pm Buffet
1.30pm Walk around Cap d'Antibes
6.00pm Basket Ball
7.00pm Supper / Ball games
9.00pm Walk in Juan les Pins / Free Evening

Saturday

8.00am Breakfast
9.00am Day at Marineland
7.00pm Supper
8.00pm Free evening / Games on Campus

Accommodation:

During the Easter, half terms and September period.

Students stay with local French hosts or in small residences with group leaders in single or shared rooms (some very quiet weeks, i.e. end of Easter holiday/half-term dates, a residence option is not likely to be offered).

During the Summer.

Students can stay in large summer residences or with local hosts.



Host Description: Offered all dates

Students can stay with local French hosts, who offer breakfast and the evening meal (lunch is taken at the college) and bedrooms are shared (2 students per room). Single room accommodation can sometimes be arranged on request. Students walk to college each day.

Residence Descriptions:

Whilst we do our best to ensure you are placed in the residence of your choice, we cannot guarantee a specific site. Student placement is based on achieving the best mix of age, nationality and language ability in the residences, to ensure the best social and working environment, for every student.

College Campus One (available in July & August only)

Located to the east of Antibes, in a quiet setting, the Lycée is 2.5 km from the town centre and beaches. Students are accommodated in one of the two buildings of 90 rooms, where they can enjoy the superb gardens surrounding the centre, run by the French Ministry of Agriculture. The campus has a cafeteria, indoor and outdoor sport grounds, a swimming pool and an amphitheatre for night events.

10 min walk from the beaches of Antibes.

2,5 km from the center of Antibes.

4 km from the center of Juan-les-Pins.

25 km from Nice Côte d'Azur airport (20 to 30 min by car).



The Campus :

The campus offers 90 rooms in two buildings of 4 floors.

A very large flowery garden of 90.000 m².

French lessons are held on site

Well equipped rooms for 2, 3 or 4 students, with bathroom and toilets on the corridor.

A nice self-service restaurant (light and spacious)

A cafeteria (with TV) is available for all our students.

Sports grounds (basketball & volleyball) inside the campus.

A public phone with cards (sold at the reception) is at our students' disposal.

A swimming pool (above ground – think relaxing rather than serious length work!).

Full board :

All meals are taken on the campus except on Saturday and Sunday (excursion days).

Student rooms :

Rooms are spacious and light (between 25 & 30 m²).

Half of the rooms have a view of the sea and the others of the gardens.

Rooms are generally equipped with four beds, some of them (smaller) have 2 or 3 beds.

Bathing facilities are common and situated on each floor. There are two bath areas (4 showers, 4 sinks and 4 toilets) for 8 rooms.

There is no telephone in the rooms however, students may use the public phone.

College Campus Two *(available in July only)*

The campus is located in the North of Antibes, bordering a pine wood. The campus lies 7 km north of the town centre and beaches.

Students share 71 rooms and have access to the sports fields, large above ground swimming pool and cafeteria.

Free shuttle between the campus and the beaches.

7 km from the centre and the beaches

25 km from Nice Côte d'Azur airport

A summer campus in a quiet environment:



The Campus :

French courses take place on the campus site

A large above ground swimming-pool (16 m long and 4 m large) located in the campus.

Sports grounds (volleyball, handball and basketball) are at the students' disposal inside the campus.

A self-service restaurant.

We organize free transfers at different times, schedules given on arrival.

A cafeteria & a TV room.

Public phones with card (sold at the reception desk) are at the students' disposal.

Full board :

All meals are taken on the campus except on Saturday and Sunday (excursion days).

Student rooms:

Rooms are 24m² and have 3 individual beds.

A complete bathroom for every two rooms (2 sinks, 1 shower and toilets).

There are no telephones in the rooms however, students may use the public phone.

College Campus Three *(used outside July and August)*

Located 70 m from the beaches and 50 m from the railway station in Juan-les-Pins... The ideal location to make the most of everything the town has to offer.

Central location: no shuttle service offered.

In the centre of Juan-Les-Pins :

1,6 km from our main school

70 m from the sandy beaches of Juan-les-Pins

50 m from Juan-les-Pins train station (A train to Nice or Cannes every 20 minutes)

25 km from Nice Côte d'Azur airport (20 to 30 min by car).

A modern building meant for international visitors (Open to the public not just language students) :



Residence :

One building with 7 floors (2 lifts).

105 studios in total (around 19 studios per floor).

Cheerful, light, fully-equipped rooms for 3 or 4 students.

All rooms with private bathroom and telephone (incoming calls only).

A telephone is available at the reception desk.

Full board :

Breakfast , lunches and dinners are taken at the school

Studio rooms :

The studios have a surface of around 23 m².

One entrance hall with a closet and two bunk beds.

A main room (accommodating 4 students) including a direct phone line.

A bathroom with tub, a balcony & all studios are air conditioned

College Campus Four (Easter to June & Autumn)

This residence is set in a quiet neighbourhood 600 meters from the beaches and 450 meters from the shops of Juan-les-Pins. Enjoy the terrace, TV room, (small) swimming pool, as well as the bars and snack bar, open from April to October. The residence also has a small garden.

Situated in a quiet area between Antibes and Juan-les-Pins:

- 1,2 km from our main school
- 600 m from the sandy beaches of Juan-les-Pins
- 450 m from Juan-les-Pins centre.
- 1 km from Antibes town centre
- 25 km from Nice Côte d'Azur Airport (20 / 30 mn by car).



Residence :

- A Moorish building exclusively reserved for the language students.
- 26 rooms in a building with 3 levels.
- A small swimming-pool is about 30 m² (with outdoor furniture) and is available for our students from April to October.
- A nice garden surrounds the residence and is available for our students.
- A snack bar with a large terrace and is available from April to October.
- Food and drink vending machines are available on site.
- A TV room is available for our students.
- Inside the residence, the students can use the 2 public telephones with cards (sold at the reception).
- Full board : Breakfast , lunches and dinners are taken at the school
- How to go to school :A daily free shuttle will take the students to school

Student rooms :

- 30 light, airy rooms each with private shower and WC.
- Sheets are provided for the duration of your stay and changed every week. Towels are not provided.
- A payphone is available that can be used for outgoing and incoming calls.
- A fax service is also available (a charge is made).
- Rooms are approximately 14 to 20 m².
- Each room has one or two single beds.
- One bathroom with toilets and shower.
- There is no telephone in the rooms, however, the students can use the 2 public telephones.

Services applicable to all residence options:

Free Services :

- Sheets are supplied to the student for the entire stay and are changed each week.
- Message delivery
- Mail service
- Luggage service
- Sheets are supplied to the student for the entire stay and are changed each week.
- Light cleaning is done every day in the rooms, thorough cleaning once a week. However, occupants are asked to maintain their room in a reasonable state of cleanliness.

Services offered at extra charge :

- Kiosk activities : extra activities as a supplement
- Washing machine : 4€ - dryer : 1€
- Padlocks
- Fax delivery : Europe : 3 euros/page - Outside Europe : 6 euros/page

Further information :

- Towels are not provided.
- Student cupboards in the room do NOT have a lock.
- Please bring your **own padlock** with you (if you don't want to pay the school for one).

Meals at the Residence:

Sample Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast : Continental options						
Lunch:						
Pique-nique	Salade Cote d'Azur Salade Forestiere	Salade Nicoise Taboule	Salade surimi Salade Grenobloise	Salade Piemontaise Salade mixte	Salade de riz Tomates Antiboises	Pique-nique
	Quiche provencale Pommes sautés Courgettes sautés Sauce tomate	Pilon de Poulet a la mexicaine Riz pilaf	Filet de dinde roti Haricots verts persilles Pommes Frites	Quiche aux 3 fromages Ratatouille Pates	Filet de poisson pane Gnocchis a la romaine Tomates Provencales	
	Brie	Tome de Savoie	Buchette	Emmental	Tome grise	
	Mousse au chocolat Beignets aux pommes	Riz au caramel	Fromage blanc au coulis de Framboise Eclair au chocolat	Poire au Chocolat Creme brulee	Viennois Choux Chantilly	
Dinner:						
Salade Club Steak hache Pommes Frites Yaourt ou Fromage Fruit de saison lle Flottante	Soiree Italienne	Salade de mais Cordon Bleu Papillons Yaourt ou Fromage Fruit de saison Flan caramel	Barbecue	Oeuf mayonnaise Salade Roti de veau aux champignons Pommes sautees Yaourt ou Fromage Fruit de saison Chausson aux Pommes	Pasta Partie	Carottes rapees Oeufs durs Pissa Salade compose Yaourt ou Fromage

Your Questions answered

CESA has been offering French courses in Antibes for teenage students for many years and we have dealt with numerous parental/student questions in that time. We enclose the answers to some of the questions we hear. If you have others, please let us know. We are always happy to talk about the programmes so that you feel your understanding of the course is complete before you decide to book a programme.

How are the French courses organised?

The French school organises courses for young people offer a teaching method adapted to the needs and wishes of teenagers students: French grammar (20% of the course) is immediately put into practice to allow each student to progress quickly. Fun and creative activities are organised, often in small groups to stimulate conversation (some locations include the opportunity for students to converse with the local people through taking surveys and asking questions). The study of the French language and regional culture is approached through the exploration of real-life documents and topics of interest to the young audience.

How is the first day organised?

You will be greeted at school by your group leaders on Monday at 8.45am. In the morning, after having met your group leaders and organisers there is a visit of the city with other young students. The school staff will also provide you with the programme of that week's activities.

At 1.30pm, you will take a written and oral test (alone with a teacher), which will allow us to determine your level of French and assign a class to you. Your name, the number of your classroom and the first name of your teacher will be posted the following morning in the school hall.

How will the weekly schedule look?

Monday morning: presentation of the group leaders and teachers, visit of the city

Monday afternoon: evaluation test to determine your level of French (written and oral)

Every morning of the week: Standard French class lessons

Every afternoon of the week: activities, excursions or intensive courses (Tuesday and Thursday)

Evenings : themed activities, games, video, Pub, Disco, barbecue

Is it possible to book courses only?

Yes it is. Please discuss your requirements with CESA staff.

You can also book meals and activities as a supplement to your French tuition (whilst living with your family nearby).

Who will my teacher be?

Your teachers are all specialised in teaching young people. They all meet the criteria of teaching standards required in Europe. They all are graduated of French universities.

Is there a certificate or diploma at the end of my courses?

A certificate is awarded to every student at the end of their stay. Progress is carefully evaluated and recorded.

What is the maximum number of students in the classroom?

For the Standard courses, there is a maximum of 15 students per class.

For the Intensive courses, there is a maximum of 6 students per class in the afternoon classes.

How many class levels are offered?

There are 4 levels of courses : Beginner, Elementary, Intermediate, Advanced.

Can I be in the same class as a friend?

Yes, as long as you both have the same level of French.

Do I need to bring my own school material?

You will need to bring a pen and a notebook (or a binder).

Are there classes on national holidays?

There will be no classes on public holidays but our group leaders do offer activities or excursions. The dates affected in 2016: 28 Mar, 05 & 16 May, 14 Jul, 15 Aug

What's the course timetable?

Standard Course : 08.45am to 12noon

Intensive Courses : As Standard Course + Tuesday & Thursday PM 2pm to 4.15pm

What are the nationalities of the other students?

80% are European (mainly German, Spanish Italian and English speakers)

20% other nationalities

What is the average age of the students?

11% of our students are aged under 15yrs

89% are aged 15-17yrs

Will I share a room with someone the same nationality?

To help you practice your French language outside the classroom, we try to accommodate you in a room with students of nationalities and mother tongues different from your own. Of course we cannot guarantee that the other student will not also speak your language.

Can I share my room with a friend?

Yes, if you request this upon booking.

Will I have my own room?

Single rooms are available on request (for a supplementary charge, but only with host families) and is then dependent on availability.

How are the host families selected?

The Accommodation Officer makes all the arrangements and the same person has held this post for the past five years. Families are visited once a year and are subject to a report. They have a contract with the school. Their majority of host families have been working with the French school for many years. We select host families which meet the standards and criteria for both students and their parents/legal guardians.

Will there be children in the host family?

It is possible that your host family has children, but this can never be guaranteed. Some hosts are divorcees or older people, who no longer have children living at home.

How far from the school will I be accommodated?

For those who are accommodated on campus, courses are held on the campus in July and August. In Antibes at other times of the year the students on campus will have to travel to the school site for lessons. A shuttle bus is arranged to take them to classes in the mornings. For students living with a host family or in a residence, your accommodation will be no more than 30 minutes by bus from the school. Please note we cannot guarantee you an accommodation just a few minutes away from the school.

Can I choose my residence?

You may state your preference, however we cannot guarantee that you will be accommodated in the residence of your choice. The French school aims to get the best balance of age, gender and nationality in each campus and this will always take priority.

Is it possible to modify my booking?

It is possible but the school will apply an additional fee. See our terms and conditions section.

When should I arrive?

Arrivals are scheduled for Sunday and departures for Saturday. An additional day is authorized in some cases, but the transfer to the airport or railway station is then only offered at an additional rate. We strongly recommend you keep to the set arrival/departure dates and arrive at a reasonable time, 10.00am to 18.00hrs is fine. Later arrivals are possible but we find students are very tired if they arrive late, and this can have a negative impact on them, on arrival.

When do I need to book my stay?

The sooner the better. Last minute bookings are possible, but not recommended and there are always a few dates each summer that we simply can't organise a course for students who book late, due to high student demand.

Will I need a visa to study in France?

For any information regarding visas, passports and authorizations to stays in France, please consult a French consulate or embassy in your country. If you hold a European passport there is no need for a visa. If in doubt, please discuss this with CESA staff.

Do I need any insurance?

European students, remember to bring (or get) an EHIC (European Health Insurance card). You will also need a civil liability insurance. Most private travel insurance will cover students travelling on their own. If in doubt, please contact the CESA staff.

What happens if I suffer from allergies or illness?

Please speak to your group leaders, they will help you. There are procedures in place in the school and on campus. The school staff have dealt with a wide variety of situations over the year and are very helpful.

How should I dress?

Consult the weather before leaving (the sun will generally be shining). To attend courses, please wear clothes suitable for the classroom. Think of bringing a sports outfit for activities, and sailing or beach friendly clothes.

Can I bring valuables with me?

Closets lock with padlocks, but please avoid bringing valuable belongings. The French school will not be responsible for loss or theft. We'd love to say that none of the students would steal from you, but sadly you have to consider the possibility rather than risk loss of personal property.

Are there vegetarian meals?

There are no special meals for vegetarians, but our buffets are diverse and offer vegetarian dishes. Vegetarians choosing to live with a family accommodation will be placed in a family which accommodates vegetarian students – make sure you tell CESA staff if this applies to you when you book!

What activities and excursions are offered?

Plenty ☺ The French school's group leaders arrange activities in the afternoons and evenings. In the afternoons: sports or themed activities, boat or bus excursion, sailing, etc... In the evenings: video, Pub, discotheque, barbecue, etc... See the examples below to see what the school offers.

Water Activities :

Games around or in the swimming pool, under the supervision of the French group leaders.

Activities : Water Polo, Races, Surf Board Challenge, Rope Challenge.

+ Sailing Programme and Beach

Cafe Games:

Games are organised by the cafeteria, each evening.

Penalty kicks, darts, quiz, Lotto / Bingo – all arranged by the group leaders.

Parties:

Welcome Party : The group leaders introduce themselves to the students

Ibiza Disco party : Costumed Dance party with a theme

Casino night : Students organise their own casino, with games tables.

Cabaret night : The show is put together by the students and the group leaders

The Fury Party : Musical challenges

Tarzan vs Jane Party : Games in teams (boys vrs girls)

Visits and Excursions

Visit to Hyeres

Excursion to Porquerolles Island

Aqualand

Excursion to Toulon

Kiosk Activities:

Various activities offered at extra cost – to be booked and paid for once in Hyeres

All events are supervised by school group leaders and take place in free timetable slots in the programme. A different suggestion is offered by the group leaders each week.

Laser Game / 2 rounds :	Approx 20.00 €
Karting / 3 rounds :	Approx 25.00 €
Mini Golf / 3 rounds :	Approx 20.00 €
Inner Tubing / 3 rounds :	Approx 15.00 €
Quad Biking / 1 hr :	Approx 60.00 €
Horse Riding / 2 hours :	Approx 35.00 €
Paint Balling / 300 paintballs :	Approx 35.00 €

Evening events

Hyeres at night : Approx 5.00 €

Visit to the Port of Hyeres : Approx 5.00 €

Magic World/Theme Park : Approx 5.00 €

What sports will I be able to enjoy?

Within your programme (at no extra cost) the school staff will arrange : football (soccer), volley-ball, sailing, etc.... At a additional cost, once in Hyeres, go to the School Kiosk and you can book one of the following : golf, go-karting, bowling, horse riding, etc....

Can I drink alcohol?

Alcohol consumption is strictly forbidden on the residence and campus premises. If these rules are abused, students will be subject to restrictions (for example, cancellation of the authorization to go out). Parents will be informed of all excesses and if it is deemed necessary a student will be sent home at parental expense.

How will the students be supervised?

A inspection of the rooms is made every morning. In the evenings, a professional night security guard verifies each student's authorization to go out. There is always one person at the residence or campus gate during the afternoons and nights.

How do I decide on whether or not to give my child Going Out Permission?

Almost every student has the parental permission to go out. Those who don't have permission often feel isolated from their peer group. Talk to the CESA staff if you have concerns about this. We've helped parents with this before and will be happy to discuss the matter with you.

How much pocket money should I take?

We recommend 80 to 100 Euros per week. Some students are used to handling more money than others. Budget for more if you wish to participate to additional activities arranged through the Kiosk. Sample prices are quoted under school activities for your information.

How can my parents contact me?

Those accommodated in residence or with a host family can be reached by phone during meal times. In case of an emergency, please contact the school (number available from June each year) or call CESA and we can email/phone the school on your behalf.

Going Out Permission

Going out Permission for 2016

Campus accommodation:

For 14/17 year old students. Students are welcome to leave campus unsupervised from **13.30 to 19.30 hrs** and then return for dinner on campus.

For 16/17yr old students only Parents must then choose one of the following options:

Option One/ The student cannot go out unsupervised after dinner.

Option Two/ The student can go out unsupervised **up to 11.00pm** ONE evening a week (either Tuesday or Wednesday, confirmed once in France) and **until 01.00am** on both Friday & Saturday & the day prior to a bank holiday (if applicable) in accordance with the College Directors rules.

Host accommodation:

For 14/17 year old students. Students are welcome to leave campus unsupervised from **13.30 to 19.30** hrs only and then return for dinner to their hosts, except for Monday for the school arranged BBQ, and Friday for mandatory accompanied evening party (**11.00pm** for both nights).

For 16/17 year old students.

Students in a host family will automatically be allowed to go out during TWO evenings **until 11.00pm**, Monday for the school arranged BBQ and either Tuesday or Wednesday (day to be confirmed in France) and **until 01.00am** on Friday & Saturday & the day prior to a bank holiday (if applicable) in accordance with the college director's rules. Students aged 15yrs or younger will not be able to go out at night unsupervised. No alternative curfews or restrictions can be implemented.

Administration

CESA makes an administration charge of **€50.00** per booking.

Course Enrolment

On receipt of your form we will enrol you on the course and send confirmation of your booking, an invoice and a Briefing Pack. The pack includes useful advice and several forms for parents/guardians to complete regarding travel, medical emergencies, going-out permission etc. If you have any questions that have not been answered by this fact sheet, please do not hesitate to phone or email us.

CESA strongly recommends that students enrol as early as possible, and no later than THREE weeks before the beginning of the course.

Ready to enrol?

Then please complete the enrolment form provided in the main CESA brochure, or go on line at www.cesalanguages.com or simply call the CESA office and we can enrol the student/s over the phone.

A deposit of €250.00 or £200.00 is required at the time of booking or full fees if enrolling close to the start date.

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