

## Antibes 2019



### Standard Programme

- **01 to 04 week** programmes
- **20 group lessons** per week
- Up to 15 students per class level
- 45 minutes per lesson
- No lessons on the first Monday

In total there are 36 lessons over 2 weeks (unless a day is lost to a public holiday). This is equal to a term of contact lessons at your school in the UK and you are immersed in France, speaking French with native French speaking teachers and the “animateurs” (who help organise the social activities each week).

Four ability levels are catered for, in compliance with the European framework of Reference:

Beginner  
Elementary: A1 & A2

Intermediate: B1-, B1, B1+  
Advanced: B2, C1

### Open to 13 to 17 yr olds

#### Is this the course for you?

Yes. If you're looking for an immersion French course, in the beautiful south of France. It's perfect for teenagers of all ages, looking to work on their French, in a well organised teenage only study environment (by the sea) with other language students from across Europe.

The courses are popular ~ so early reservations are advised!

#### Location Plus Points

- Antibes/Juan les Pins offers all the benefits of the Riviera with the charm of the picturesque streets of Antibes, splendid sandy beaches and plenty of sunshine and yet is only 13 km from Nice airport.
- A popular summertime location with teenage language learners
- Combine your French studies with an inclusive activities course

#### Course Plus Points

- Tutors are all native speakers who are also professional teachers of French as a foreign language.
- French only rule in the classroom
- Perfect for GCSE, A' level or Leaving Cert levels
- Activities and excursions are all overseen by school group leaders

### Intensive Programme

- **01 to 04 week** programmes
- **20 plus 6 additional group lessons** per week
- Up to 15 students in AM
- & up to 8 students in PM classes on Tuesday & Thursday
- 45 minutes per lesson
- No lessons on the first Monday

The additional PM sessions are perfect for those who wish to use this chance for extra practise in the French language so that they can improve their oral skills. Small class sessions ensure ample opportunity to talk!

## Standard Course Prices – 2019

20 lessons per week format

CESA admin fee: € 60.00 per person

Tuition & hosts/ess Shared room	Tuition & residential centre Shared room
One week € 870.00	One week € 870.00
Two weeks € 1640.00	Two weeks € 1640.00
Three weeks € 2411.00	Three weeks € 2411.00
Four weeks € 3214.00	Four weeks € 3214.00

**Fees include:** Tuition and accommodation for length of course booked, return transfer from Nice airport on arrival Sunday and departure Saturday at agreed times only, social activities described as inclusive in course fees.

### Going Out Permission for teenagers:

See end of fact sheet for details.

## Start Dates 2019

April	08, 15, 23*, 29
May	06, 13, 20, 27
June	03, 11* 17, 24
July	01, 08, 15, 22, 29
August	05, 12, 19, 26
September	02, 09, 16, 23, 30
October	07, 14, 21

### Public holidays, when no lessons are held:

22 Apr, 01 & 30 May, 10 Jun, 15 Aug in 2019

\* Please note there will be no assessment due to the public holiday on 22<sup>nd</sup> Apr, 10<sup>th</sup> Jun. We do not recommend these weeks for one week course students (as effectively there will only be three days of language tuition).

## Intensive Course Prices – 2019

26 lessons per week format

CESA admin fee: € 60.00 per person

Tuition & hosts/ess Shared room	Tuition & residential centre Shared room
One week € 943.00	One week € 943.00
Two weeks € 1786.00	Two weeks € 1786.00
Three weeks € 2625.00	Three weeks € 2625.00
Four weeks € 3501.00	Four weeks € 3501.00

### Supplements:

Single room: € 117.00 per week in private household

€ 160.00 per week in residential centre

Gluten Free: €195.00 per week in residence or with hosts/ess

## Programme Syllabus:

Monday to Friday

AM : French lessons

PM : Activities and excursions

### OBJECTIVES

Acquiring fundamentals of French, basic grammar

Developing practical communicative functions for speaking and writing

Facilitating communication in French through entertaining and/or interesting activities specifically designed for young students

### PROGRAMME

Basic grammar programme (20 to 30% of the course)

Didactic activities including writing and speaking practise

### METHODOLOGY

Use of various teaching aids:

Specialized material

Documents created by our directors of teaching

Visual documents

Audio and audio-visual documents

Authentic written documents

Intensive use of the video and of the camcorder

Simulations/ Role plays

Didactic games

Live practice outside of class (surveys, interviews/reports in town...)

**NB :** The course programmes described on “[Syllabus & Questions PDF document](#)” are sample programmes for three or four weeks at the ELEMENTARY and ADVANCED levels.

They can be modified according to the teaching needs (group size, length of stay, themes, levels ...)



## Excursions & Activities

A range of activities are offered as an inclusive part of this programme including

- 1/ half-day trips
- 2/ a full day trip and
- 3/ a weekly barbecue or Crepes party

Additional activities are offered as a rolling programme of events during the summer at additional cost. Students are advised of the options once in France via a notice board in the Centre. (i.e. water-skiing or horse-riding, all taught through local clubs by certified national qualified instructors).

No activities take place on the first or last day of a course, as the group leaders are busy helping students settle in or depart at the end of their stay.



### Activity Schedule *(example only)*

#### Sunday

4.00pm	Games at the swimming pool	6.00pm	Badminton and Table tennis
7.00pm	Supper	8.00pm	Quiz
8.45pm	Welcome evening for new students		

#### Monday

8.00am	Breakfast	9.00am	Tour of Antibes
12.30pm	Buffet	1.30pm	French evaluation
6.00pm	Volley ball		<i>(or French course from Wk 2 onwards)</i>
7.00pm	Supper	8.00pm	Penalty Kick
8.45pm	BBQ evening		

#### Tuesday

8.00am	Breakfast	9.00am	French course <i>(09.00 to 12 noon)</i>
12.30pm	Buffet	1.30pm	Visit to Monaco
6.00pm	Circus games	7.00pm	Supper
8.00pm	Waiters race	9.00pm	Casino night on site

#### Wednesday

8.00am	Breakfast	9.00am	French course
12.30pm	Buffet	1.30pm	Sailing
6.00pm	Soccer	7.00pm	Supper
8.00pm	Football- Tennis	9.00pm	Free evening or video

#### Thursday

		8.00am	Breakfast
9.00am	French course	12.30pm	Buffet
1.30pm	Free afternoon (Kiosk or Beach?)	6.00pm	Dance
7.00pm	Supper	8.00pm	Darts
9.00pm	Cabaret evening		

#### Friday

8.00am	Breakfast	9.00am	French course
12.30pm	Buffet	1.30pm	Walk around Cap d'Antibes
6.00pm	Basket Ball	7.00pm	Supper
8.00pm	Evening Party (with Animateurs)		

#### Saturday

8.00am	Breakfast	9.00am	Day at Marineland
7.00pm	Supper	8.00pm	Free evening / Games on Campus

## Accommodation

*During the Easter, half terms and September period.*

Students stay with local French hosts or in small residences with group leaders in single or shared rooms (some very quiet weeks, i.e. end of Easter holiday/half-term dates, a residence option is unlikely to be offered).

*During the Summer.*

Students can stay in large summer residences or with local hosts.

## Host Description Offered all dates

Students can stay with local French hosts, who offer breakfast and the evening meal (lunch is taken at the college) and bedrooms are shared (2 students per room). Single room accommodation can sometimes be arranged on request. Students walk to college each day.

## Residence Descriptions

*Whilst we do our best to ensure you are placed in the residence of your choice, we cannot guarantee a specific site. Student placement is based on achieving the best mix of age, nationality and language ability in the residences, to ensure the best social and working environment, for every student.*

## College Campus One (available in July & August only)



Located to the east of Antibes, in a quiet setting, the Lycée is 2.5 km from the town centre and beaches. Students are accommodated in one of the two buildings of 90 rooms, where they can enjoy the superb gardens surrounding the centre, run by the French Ministry of Agriculture. The campus has a cafeteria, indoor and outdoor sport grounds, a swimming pool and an amphitheatre for night events.

10 min walk from the beaches of Antibes  
4 km from the centre of Juan-les-Pins

2,5 km from the centre of Antibes  
25 km from Nice Côte d'Azur airport (20 to 30 min by car)

### The Campus

The campus offers 90 rooms in two buildings of 4 floors

French lessons are held on site

Well equipped rooms for 2, 3 or 4 students, with bathroom and toilets on the corridor.

A cafeteria (with TV) is available for all our students

A public phone with cards (sold at the reception)

A very large garden area of 90.000 m<sup>2</sup>.

A nice self-service restaurant (light and spacious)

Sports grounds (basketball & volleyball) inside the campus.

A swimming pool (above ground

– think relaxing rather than serious length work!).

Full board: All meals are taken on the campus except on Saturday and Sunday (excursion days).

### Student rooms

Rooms are spacious and light (between 25 & 30 m<sup>2</sup>). Half of the rooms have a sea view & the others have a garden view. Rooms are generally equipped with four beds, some of them (smaller) have 2 or 3 beds. Bathing facilities are communal and situated on each floor. There are two bath areas (4 showers, 4 sinks and 4 toilets) for 8 rooms.

## Travel

Arrive: Sunday

Depart: Saturday AM

Fly to Nice International and take the inclusive college arranged transfer service from Nice airport or Antibes station to the student accommodation in Antibes. The return transfer fee is also an inclusive item in the course fees.

Please ensure the flights arrive on the Sunday at a reasonable hour and likewise depart at a reasonable time on the Saturday. Set arrival days/times apply to the transfer service and cannot be altered.

You are welcome to arrive/depart on Saturday or Sunday of any weekend the college is open, but if not arriving on Sunday, or departing on Saturday a supplement of EUR 90.00 (shared) / EUR 110.00 (single) will be applied per extra night.

## College Campus Two *(available in July only)*



The campus is in the North of Antibes, bordering a pine wood. The campus lies 7 km north of the town centre and beaches. Students share 71 rooms and have access to the sports fields, large above ground swimming pool and cafeteria. Free shuttle between the campus and the beaches.

7 km from the centre and the beaches

25 km from Nice Côte d'Azur airport

A summer campus in a quiet environment

### The Campus:

French courses take place on the campus site

A self-service restaurant

A cafeteria & a TV room

Organised free transfers at different times, schedules given on arrival

Public phones with card (sold at the reception desk)

A large above ground swimming-pool (16 m long and 4 m large) located in the campus

Sports grounds (volleyball, handball and basketball) are at the students' disposal inside the campus

Full board: All meals are taken on the campus except on Saturday and Sunday (excursion days)

### Student rooms

Rooms are 24m<sup>2</sup> and have 3 individual beds

A complete bathroom for every two rooms (2 sinks, 1 shower and toilets).

## College Campus Three *(used mainly outside July and August, but is an option in summer if required)*



Located 70 m from the beaches and 50 m from the railway station in Juan-les-Pins. The ideal location to make the most of everything the town has to offer. It's central location means no shuttle service offered.

In the centre of Juan-Les-Pins:

1,6 km from our main school

70 m from the sandy beaches of Juan-les-Pins

50 m from Juan-les-Pins train station (A train to Nice or Cannes every 20 minutes)

25 km from Nice Côte d'Azur airport (20 to 30 min by car).

A modern building meant for international visitors (Open to the public, not just language students):

### Residence:

One building with 7 floors (2 lifts)

105 studios in total (around 19 studios per floor)

Cheerful, light, fully-equipped rooms for 3 or 4 students

A telephone is available at the reception desk

All rooms with private bathroom and telephone (incoming calls only)

Full board: Breakfast, lunches and dinners are taken at the school

### Studio rooms:

The studios have a surface of around 23 m<sup>2</sup>

Each studio accommodates up to 4 students

A bathroom with tub, a balcony & all studios have air con

One entrance hall with a closet and two bunk beds

## College Campus Four (Easter to June & Autumn)



This residence is set in a quiet neighbourhood 600 meters from the beaches and 450 meters from the shops of Juan-les-Pins. It is used year round for adult language students studying separate courses at the school. Enjoy the terrace, TV room, (small) swimming pool, as well as the bars and snack bar, open from April to October.

Situated in a quiet area between Antibes and Juan-les-Pins

1,2 km from the main school

450 m from Juan-les-Pins centre

25 km from Nice Côte d'Azur Airport (20 / 30 mins by car)

600 m from the sandy beaches of Juan-les-Pins

1 km from Antibes town centre

### Residence:

A Moorish building exclusively reserved for the language students

26 rooms in a building with 3 levels

A small swimming-pool is about 30 m<sup>2</sup> (with outdoor furniture) and is available for our students from April to October

A snack bar with a large terrace and is available from April to October

Food and drink vending machines are available on site

A TV room is available for our students

Inside the residence, the students can use the 2 public telephones with cards (sold at the reception)

Full board : Breakfast , lunches and dinners are taken at the school

How to go to school: A daily free shuttle will take the students to school

### Student rooms:

30 light, airy rooms each with private shower and WC

Each room has two to four single beds

There are no telephones in the rooms

Sheets are provided and changed every week

Rooms are approximately 14 to 20 m<sup>2</sup>

One bathroom with toilets and shower

A payphone is available on site

Towels are not provided

## Services offered in all residence options:

### Free Services:

Sheets are supplied and are changed each week

Mail service

Light cleaning is done every day in the rooms, thorough cleaning once a week. However, occupants are asked to maintain their room in a reasonable state of cleanliness.

Message delivery

Luggage service

### Services offered at extra charge:

Kiosk activities: extra activities as a supplement

Padlocks

Washing machine: 4€ - dryer : 1€

Fax delivery: Europe : 3 Euros/page - Outside Europe : 6 Euros/page

### Further information:

Towels are not provided

Student cupboards in the room do NOT have a lock

Please bring your **own padlock** with you (if you don't want to pay the school for one)

## Meals at the Residence:

### Sample Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast : Continental options						
Lunch:						
Pique-nique	Salade Cote d'Azur Salade Forestiere	Salade Nicoise Taboule	Salade surimi Salade Grenobloise	Salade Piemontaise Salade mixte	Salade de riz Tomates Antiboises	Pique-nique
	Quiche provencale Pommes sautés Courgettes sautés Sauce tomate	Pilon de Poulet a la mexicaine Riz pilaf	Filet de dinde roti Haricots verts persilles Pommes Frites	Quiche aux 3 fromages Ratatouille Pates	Filet de poisson pane Gnocchis a la romaine Tomates Provencales	
	Brie	Tome de Savoie	Buchette	Emmental	Tome grise	
	Mousse au chocolat Beignets aux pommes	Riz au caramel	Fromage blanc au coulis de Framboise Eclair au chocolat	Poire au Chocolat Creme brulee	Viennois Choux Chantilly	
Dinner:						
Salade Club Steak hache Pommes Frites Yaourt ou Fromage Fruit de saison Flottante	Soiree Italienne	Salade de mais Cordon Bleu Papillons Yaourt ou Fromage Fruit de saison Flan caramel	Barbecue	Oeuf mayonnaise Salade Roti de veau aux champignons Pommes sautees Yaourt ou Fromage Fruit de saison Chausson aux Pommes	Pasta Partie	Carottes rapees Oeufs durs Pissa Salade compose Yaourt ou Fromage

# Going Out Permission

## Residence accommodation

### All ages

Students are welcome to leave campus unsupervised from **13.30 to 19.30 hrs** and then return for dinner on campus.

### For 13/15 year olds

Students aged 15yrs or younger will not be able to go out at night unsupervised. No alternative curfews or restrictions can be implemented.

### For 16/17yr olds

Parents must then choose one of the following options:

**Option One/** The student **cannot go out unsupervised** after dinner.

**Option Two/** The student can go out unsupervised **up to 11.00pm** ONE evening a week (either Tuesday or Wednesday, confirmed once in France) and **until 01.00am** on both Friday & Saturday & the day prior to a bank holiday (if applicable) in accordance with the College Directors rules.

## Host accommodation

### All ages

Students are welcome to leave campus unsupervised from **13.30 to 19.30** hrs only and then return for dinner to their hosts, except for Monday for the school arranged BBQ, and Friday for mandatory accompanied evening party (**11.00pm** for both nights).

### For 13/15 year olds

Students aged 15yrs or younger will not be able to go out at night unsupervised. No alternative curfews or restrictions can be implemented.

### For 16/17 year olds

Students in a host family will automatically be allowed to go out during **TWO evenings until 11.00pm**, Monday for the school arranged BBQ and either Tuesday or Wednesday (day to be confirmed in France) and **until 01.00am on Friday & Saturday** & the day prior to a bank holiday (if applicable) in accordance with the college director's rules.

## Ready to enrol?

Please complete the enrolment form on line at [www.cesalanguages.com](http://www.cesalanguages.com) or call the CESA office and we can enrol the students over the phone. On receipt of your details we will enrol you on the course and send confirmation of your booking, an invoice and a Briefing Pack.

CESA strongly recommends that students enrol as early as possible, and no later than THREE weeks before the beginning of the course. A deposit of €300.00 or £250.00 is required at the time of booking (or full fees if enrolling close to the start date).



[www.cesalanguages.com](http://www.cesalanguages.com)