

Japanese Teenage Programmes 2025



Can you speak Japanese? Would you like to learn or improve on your current ability?

The Teenage courses in Japan combine **communication-based study** with the opportunity to immerse yourself in Japanese society and culture and experience daily life in Japan, first-hand.

You will be taught by **Japanese native speaking teachers**, who are trained to teach to foreign nationals.

You will share the experience with other **language learners from around the world**, with the same passion for Japanese as yourself!

Study in **Kyoto & Tokyo** in June, July & August, or in **Fukuoka** in July

Follow a **2-, 3- or 4-week** course

Live with **Japanese hosts** or (in Fukuoka) a supervised **residence**

Join in with the **activities and cultural events** arranged to enrich your course experience, and supervised by school staff

Levels offered	Beginner to Advanced
Locations	
Fukuoka:	14/19 yrs
Kyoto:	14/19 yrs
Tokyo:	16/19 yrs
Course duration	2 to 4 weeks
Number of lessons	20 Japanese lessons per week
Lesson duration	50 minutes
Maximum per class	08 students
Activities	Two or three guided activities during the week + guided cultural activities each Saturday



The Japanese language course is purely communication orientated, ideal for those who wish to study key grammar and conversation skills of the language, but don't require in-depth study.

Classes are made up of 2 lessons of grammar and 2 lessons of conversation per day, focusing on real-life skills.

Learn common sentence patterns and vocabulary with your teacher and use them in practical situations both in and out of the classroom.



2025 Course dates

	Fukuoka	Tokyo	Kyoto
June	---	02, 09, 16, 23, 30	02, 09, 16, 23, 30
July	07, 14, 21	07, 14, 21, 28	07, 14, 21, 28
August	---	04, 11	04, 11

Course Notes

Duration: 2, 3 or 4 weeks (2 wks only in Fukuoka/hosts)

Course dates

Kyoto & Tokyo: Elementary+ level students are welcome on all start dates shown. Beginners must keep to the dates in **gold**

Fukuoka: Elementary+ level students are welcome in JULY only. Beginners may only start on **07 July**

No lessons (or only 2 lessons max.) are held on the first Monday
 Saturday = cultural activities with a guide
 Sunday = free day (time for the beach or sight-seeing on you own)
 Many students at the school will be 18 yrs+



2025 Course Prices (valid until 01 August 2024)

Fukuoka / Residence		Fukuoka/Hosts
2 wks: Yen 178,400.00		2 wks: Yen 194,000.00
3 wks: Yen 243,600.00		plus admin fee: 10,000.00 Yen
4 wks: Yen 308,800.00		
plus admin fee: 10,000.00 Yen		
Tokyo/Hosts		Kyoto/Hosts
2 wks: Yen 272,000.00		2 wks: Yen 252,000.00
3 wks: Yen 355,000.00		3 wks: Yen 330,000.00
4 wks: Yen 438,000.00		4 wks: Yen 408,000.00
plus admin fee: 10,000.00 Yen		plus admin fee: 10,000.00 Yen

Prices apply: June/August 2025 Last course day: Friday 22nd August 2025

Course fees include: 20 Japanese classes plus activities, each week plus Saturday activities with a guide, 2 way airport transfer and accommodation with half-board

Japanese Teachers

All teachers are fluent in English and, obviously, Japanese.

They are all Japanese nationals, who are professionally qualified to teach Japanese as a foreign language. They are graduates of a rigorous 420-hour Japanese teacher training course at recognized schools. The length and content of this course was originally specified by the Japanese Ministry of Education, but has now become the standard qualification for professional Japanese language schoolteachers. It is equivalent to a university minor, and the result is a very high standard of teaching.

Japanese Students

Students come from all over the world, most are beginner to low intermediate level learners, some are advanced.

Age wise students can be any age from 14yrs+ (teenage students come out during the European summers), throughout the year students at the schools are mostly in their 20's or early 30's, but everyone who wants to learn Japanese is welcome.

Hiragana Alphabet

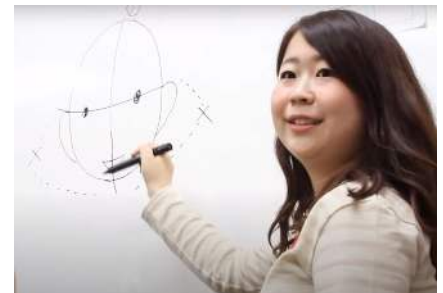
All ability levels are accepted, from complete beginners to very advanced (though most students will be beginner to low intermediate level).

The school ask that all students to **memorize the HIRAGANA alphabet** prior to arrival.

It should only take you a couple of days (the staff ask that you can read it, not be able to write the letters).

Course timetable

The schedule may vary from week to week and will follow one of three formats, from Monday to Friday:
Classes / 9:30-13:10 or 11:25-15:50 or 14:05-17:45



Group course structure

The core Japanese language course consists of two 50-minute grammar classes and two 50-minute conversation classes each day.

You will be expected to review new grammar skills and do related homework on weekday nights, then apply your new skills in the classroom the next day. English explanations will be given only if absolutely necessary (and comparisons between the two grammar methods will be made, which is particularly useful at lower ability levels).

Practical application of the language is encouraged to aid vocabulary retention and real-life fluency. Topical materials are used; news, TV, movies in class to illustrate a point (and engage student interest) and local shops are used (with their permission!) for planned language activity sessions.

All classes are held on a rolling start basis. This means that you enter an ongoing class, partway through that class's syllabus. If your ability level is slightly below the level of that class, we provide free "catch-up classes" to raise you to the appropriate level.

The exception to this is complete beginners, who start on set dates.

If you are the only student at your specific level when you arrive, a new class will be created for you.

The students in your class can change from week to week.

New students may arrive on a Monday, and old students graduate on a Friday.

If you have any concerns or questions, please ask the staff.

They are very friendly and are happy to help!

Summer Teenage Programme

Example schedule

	Week One	Week Two	Week Three	Week Four
Monday 4 lessons per day	Japanese lessons between 09.30 to 18.00hrs (schedule varies depending on group placement)	Japanese lessons between 09.30 to 18.00hrs (schedule varies depending on group placement)	Japanese lessons between 09.30 to 18.00hrs (schedule varies depending on group placement)	Japanese lessons between 09.30 to 18.00hrs (schedule varies depending on group placement)
	City tour / Original Map making	City tour / Original Map making	City tour / Original Map making	City tour / Original Map making
Tuesday 4 lessons per day	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs
	Game night: Hanafuda/Kaurta	Game night: Shogi	Game night: Igo	Game night: Kendama
Wednesday 4 lessons per day	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs
	Free time	Free time	Free time	Free time
Thursday 4 lessons per day	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs
	Movie night	Movie night	Movie night	Movie night
Friday 4 lessons per day	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs	Japanese lessons between 09.30 to 18.00hrs
	Restaurant	Local festival	Bowling	Video Games
Saturday	Cultural activities	Cultural activities	Cultural activities	Cultural activities
Sunday	Free day or Travel day	Free day or Travel day	Free day or Travel day	Free day or Travel day

Cultural Activities:

Activities arranged on Saturdays

Taiko -

a mixture of martial arts and music and it is practised at a dojo and with the same energy and dedication as any other martial arts of Japan

Manga Drawing lesson and visit to Tokiwaso museum in Tokyo– always popular!

Sushi creation with a chef and then a Noh theatre trip

Cosplay –

Exploring favourite characters with your fellow students

Japanese pottery – time to get creative!

Tea ceremony –

Learning and experiencing the traditional Japanese tea ceremony

Painting of Japanese lanterns & practise calligraphy

Yakata (Kimono) class, learning how to wear and stroll in these traditional costumes



Extra Teenage Services:

Airport pickup & drop off

A representative from the school or accommodation will be waiting at the airport to pick the student up from their flight and take them to their accommodation (return transfer also included).

Latest landing times for flights accepted:

Fukuoka (FUK) : 19.00 hrs

Tokyo (NRT) : 19.00 hrs

Kyoto (KIX Osaka) : 18.00 hrs

Unaccompanied Minor Services (by airlines)

Many airlines offer an Unaccompanied Minor service, a paid service where a staff member will take the student between flights if they have transfers, and make sure the student is handed over to the school representative at the airport. As a rule, this service is only required for students under 15 yrs of age. Please check with your airline for more details!

A welcoming atmosphere in the school

The reception and support staff, the teachers and all the other students get to know each other very quickly in these small school environments, so teenagers are well supervised during their time in school and will always have someone to turn to if they have a query, feel homesick or have any other concerns.

Counselling

A school counsellor is available Monday through Friday. The school provide optional sessions, to ensure that the student is adjusting to life in Japan, classes, and life with their host family.

Emergency contact numbers

The school staff offer a 24-hour emergency contact number that can be used by the student him/herself or parents calling from overseas, in the event of an emergency.

SIM card rentals

The school can recommend rental providers that allow teenagers to buy suitable SIMs.



Accommodation

Hosts

Kyoto, Tokyo and Fukuoka:

Students are placed with Japanese hosts and will be provided with breakfast and the evening meal by the hosts. Students will be asked to complete a short survey, prior to host accommodation arrangement.



Age:	14 yrs + Fukuoka & Kyoto 16 yrs + Tokyo
Facilities:	Shared bathroom Common areas
Internet:	Not guaranteed. Please request
Meals included:	Breakfast/dinner Mon-Sun
Bedding:	Included
Toiletries:	Toiletries not included Towels not included
Sharing possible?	Yes, if travelling with a friend
Smoking allowed?	No
Min length of stay	2 weeks
Curfew	Approx 9/10pm
Transportation fees	Around 500 round trip
Distance to school	30-45 min (by bus/train)
	Longer in Kyoto and up to 90 min in Tokyo

Facilities:
Bed (sheets/blankets/etc provided)
Desk and chair, Air conditioning
Internet (not guaranteed, and might be wired-access only, so bring your own LAN cable or buy a cheap wifi router from school if required)
Closet (not guaranteed)/clothes rack
Fully-equipped kitchen
TV / DVD player (not guaranteed)
Washing machine
*important: please ask permission before using the house's equipment or facilities

Supervised residence

Fukuoka:

The school will only allow students under 18 yrs to stay in one of the designated residencies which offers staff supervision and support. Breakfast and evening meals included (but not on Sundays or public holidays, when students will have to arrange their own meals).

Age:	14-19 yrs Fukuoka
Size:	Around 12 m ²
Internet:	Wifi (sometimes LAN)
Meals included:	Breakfast/dinner Mon-Sat
Bedding:	Included
Toiletries:	Toiletries/towels not included
Sharing possible?	No
Smoking allowed?	No
Min length of stay	2 weeks
Curfew	Generally 11pm
Distance to school	40-45 min (by bus/train)

Offered to 14 yrs + age group

Single room in a supervised residence (either language or uni students as a rule), half-board

The residency option gives you a chance to live with other students (including Japanese students).

Good sociable community feel – easy to make friends.

Facilities:
Bed/futon (sheets/blankets/etc provided)
Desk and chair, Air conditioning
Internet (might be wired-access only, so bring your own LAN cable or buy a cheap wifi router from school if required)
Closet (not guaranteed)/clothes rack
Washing machine in the building (sometimes free, otherwise pay-per-use, usually around ¥100 per use), dryer (not guaranteed)

Ready to enrol?

Please complete the enrolment form online at www.cesalanguages.com or call the CESA office and we can enrol the students over the phone.

On receipt of your details, we will enrol you on the course and send confirmation of your booking, an invoice and a Briefing Pack.

CESA strongly recommends that students enrol as early as possible. **Japanese courses were in huge demand in 2023, so please book early for 2024, or you are likely to miss out.**

A deposit of €300.00, £250.00 or US\$ 350.00 is required at the time of booking (or full fees if enrolling close to the start date).



www.cesalanguages.com
+44 1209 211800
info@cesalanguages.com

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