

# **Summer Teenage Course**

# Tarifa 2024









## Course Notes

The students are divided into FOUR language levels from CEF A1 to B2. During class time teachers arrange group outings to practice Spanish in daily situations; shopping at the market, buying tickets for an event, requesting information at the tourist office. This forms an important part of the classroom work, focusing on the oral part of the language (which is frequently the most neglected).

Students improve general Spanish language skills, practise their Spanish daily, revise grammar structures and pronunciation and address linguistic weaknesses. Tutors are all native speakers who are also professional teachers of Spanish as a foreign language.

There is daily contact between the Spanish and international student groups, who participate together in the afternoon activity programme and share dormitory accommodation - to encourage both groups to speak Spanish and English together.

The goal is to enable the students to improve their language skills whilst also learning to respect each other's social values. It will be a daily challenge for the teenagers to work together, but it will increase social skills and self-awareness as well as helping develop their Spanish language skills.

# Open to: 14 to 17 year old students

#### Is this the course for you?

Yes, if you are a teenager who wants to improve their Spanish!

Yes. If you're looking for fun, sunshine, tons of activities AND a fabulous Spanish language course. This dedicated teenager course attracts students from across Europe, including Spanish teenagers (who study English during their language lessons). They only accept a maximum of 60 students per week — and it's very popular, so early reservation is recommended!

Tarifa is ideal for the sporty and those who adore the beach. The school is located just outside the town and it offers a wonderful summertime location for young language learners.

#### **Course Content:**

16 Spanish lessons per week (morning timetable)
Course materials included
Full board residence accommodation (classes on site)
Arrival & departure airport transfers / Malaga or Gibraltar
A full-day excursion each Wednesday
An excursion or sports day each Saturday
Relax at the beach on Sunday

**WindSurfing** Programme or **KiteSurfing** or **WingSurfing** Programme

**Language skills covered**: Grammar exercises, Oral and written expression, Aural and written comprehension, Phonetics, vocabulary and syntax.

## Language Lessons:

Held: Monday, Tuesday, Thursday & Friday

10.00 - 11.30 am Theoretical study of the Spanish language

11.30 - 12.00 pm Break

12.00 - 1.30 pm Focus on practical aspects of Spanish

Wednesday: No language classes, due to a full day excursion

Minimum duration: Two weeks

#### **Student Supervision**

Parents need to complete a parental consent form.

Teenagers are supervised by a school monitor who coordinates teachers, oversee accommodation, organisation of activities, and the overall well being of the students.

# WindSurfing Course

One, two, three or four week programme Four afternoons each week 08 hours semi-private sessions per week Beginner to Advanced windsurfers

The groups consist of two students and each student will always have their own windsurfing gear, which includes a board, sail, helmet, lifejacket and wetsuit thus allowing them have maximum time to practise their skills.

| 1 week  | EUR 1,535.00 |  |
|---------|--------------|--|
| 2 weeks | EUR 2,930.00 |  |
| 3 weeks | EUR 4,160.00 |  |
| 4 weeks | EUR 5,150.00 |  |
|         |              |  |

# Prices increase: 5<sup>th</sup> February 2025

#### Preparation VDWS certificate

Student can obtain an official VDWS certificate, with an extra one hour theory class after the 2 hour practical class. The certificate shows a students' windsurfing proficiency, proving that they are both independent riders and know how to behave on the water. The certificate is the same for all skill levels and can be obtained in two weeks.

# WingSurfing Course

Two week programme Four afternoons each week 12 hours per week

This course is offered to **beginners**, in a group of 4 people, with two wings and two boards to share between two. There is enough time to learn all the basics to enjoy wingsurfing in one week.

The hydrofoil element may be introduced at the end of the second week if the abilities of the students and the wind conditions allow to take this step.

2 weeks € 2,750.00

Prices increase: 5<sup>th</sup> February 2025

Course dates 2024

1 week\*: 01 July, 08 July, 15 July, 22 July

2 weeks: 01 July, 08 July, 15 July

3 weeks: 01 July, 08 July

4 weeks: 01 July \* 1 wk offered on request

The Windsurf courses will always take place on Monday, Tuesday, Thursday, and Friday (8 or 12 hours per week). The Windsurf School Spin Out is situated directly on Playa Valdevaqueros beach, which is a very safe spot, also offering an alternative lagoon, even when wind conditions are not ideal or very strong. On days when the wind blows less, the thermal wind increases its strength in the afternoons, allowing for windsurf lessons to go ahead as planned. It is extremely rare that a lesson cannot take place! On very windy days safety measures are in place to ensure that less experienced windsurfers do not practise on the sea. In these cases, the Windsurf school has the option to switch the windsurf classes to the nearby lagoon.

On Wednesdays and Saturdays, the teens from the windsurfing participate in the same summer cultural or sport activities as the other teens. There is no windsurfing on these days or on Sundays.



Course dates 2024 2 weeks: 01 July & 15 July

The Wingsurf courses will always take place on Monday, Tuesday, Thursday, and Friday (12 hours per week).

If weather conditions are unsuitable on a scheduled wingsurfing day we always try to recover as many hours as possible on more suitable days. As for the wingsurf we will benefit from Los Lances beach and Punta Paloma according to wind directions, we also have more options that the wingsurf courses can be run according to our schedule. Alternatively, we offer activities such as surf or SUP, or go on an Adventure activity.

On Wednesdays and Saturdays, the teens from the wingsurf participate in the same summer cultural or sport activities as the teens. There is no wingsurfing on these days or on Sundays.

# **KiteSurfing Course**

One, two, three or four week programme Four afternoons each week 12 hours per week (4 students per group) Beginner to Advanced Kitesurfers

Groups of four students, supervised by a professional instructor and two kites – one kite shared between two students. This is a tried-and-tested method and a great format for learning to kitesurf. While one student practises, the other rests, observes and assists their peer, allowing them the opportunity to digest the skills they've learnt in each session.

Partner kitesurf schools; KBC, KTS and Bull Tarifa Kite School. They all recommend group courses for beginners and first-time kitesurfers.

This format is taught from beginners to advanced levels and is offered for 12 hour weekly lessons.

More advanced kitesurfers can also find the group courses to be a satisfying learning process especially when they come with friends of the same level. They may also choose to progress at a slower pace to consolidate their knowledge.

Nevertheless, to all students with a Level 3 or above, we recommend semi-private tuition for the student's skills to benefit from the kitesurf lessons and make the lessons the most enjoyable.

| 1 week  | EUR 1,535.00 |  |
|---------|--------------|--|
| 2 weeks | EUR 2,750.00 |  |
| 3 weeks | EUR 3,860.00 |  |
| 4 weeks | EUR 4,655.00 |  |

Prices increase: 5<sup>th</sup> February 2025

## Kitesurf Camp Semi-Private Lessons

Kitesurf semi-private courses are ideal for teenagers who want to learn quickly, as these lessons are run with two students, each with their own kite to practice with. This format means both students in the pair are continuously learning by acting with the kite in the water. One professional instructor will guide both students with various skills and tricks with the kite.

These semi-private courses are offered over 12 hours per week, from beginners to advanced levels.

| 1 week  | EUR 1,860.00 |  |
|---------|--------------|--|
| 2 weeks | EUR 3,400.00 |  |
| 3 weeks | EUR 4,815.00 |  |
| 4 weeks | EUR 5,820.00 |  |
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Prices increase: 5<sup>th</sup> February 2025

Course dates 2024

1 week\*: 01 July, 08 July, 15 July, 22 July

2 weeks: 01 July, 08 July, 15 July

3 weeks: 01 July, 08 July

4 weeks: 01 July \* 1 wk offered on request

The kitesurfing group lessons will take place on Mondays, Tuesdays, Thursdays, and Fridays for three hours per day. The semi-private course runs on the same days for three hours per day (12 hours per week).

Kitesurf gear rental covers the days and the time that the group kitesurfing courses are running (12 hours per week).

If the weather is unsuitable on a scheduled kitesurfing day we always try to recover as many hours as possible on more suitable days. Alternatively, we offer activities such as surf or SUP, or go for an Adventure activity. In general July is a windy month in Tarifa with great weather for kitesurfing so this is the best time to come and experience our wonderful beaches!

On Wednesdays and Saturdays, the teens from the Kitesurf Camp Tarifa participate in cultural or sport activities with the other teens. There is no kitesurfing on these days or on Sundays.





#### Sample: First week of Camp

Sunday: Arrival and transfer to Tarifa from Malaga

Monday: 10.00am to 1.30pm Spanish / English classes \*

1.30pm to 4.00pm Lunch break 4.00pm to 8.00pm Water Sports

8.00pm to 9.00pm Shower and Chill time

9.00pm to 10.00pm Dinner

10.00pm to 12.00am Camp evening to meet new friends

Tuesday: 10.00am to 1.30pm Spanish / English classes

1.30pm to 4.00pm Lunch break4.00pm to 8.00pm Water Sports

8.00pm to 9.00pm Shower and Chill time

9.00pm to 10.00pm Dinner

10.00pm to 12.00am Going out in Tarifa

Wednesday: Full Day Field trip to Gibraltar, Trekking, Lower Cave tours

9.00pm to 10.00pm Dinner

10.00pm to 12.00am Social activities

Thursday: 10.00am to 1.30pm Spanish / English classes

1.30pm to 4.00pm Lunch break 4.00pm to 8.00pm Water Sports

8.00pm to 9.00pm Shower and Chill time

9.00pm to 10.00pm Dinner 10.00pm to 12.00am Chiringuito

Friday: 10.00am to 1.30pm Spanish / English classes

1.30pm to 4.00pm Lunch break 4.00pm to 8.00pm Water Sports

8.00pm to 9.00pm Shower and Chill time

9.00pm to 10.00pm Dinner 10.00pm to 12.00am Movie

Saturday: Games: Football, Basketball, volleyball or Excursion

8.00pm to 9.00pm Shower and Chill time

9.00pm to 10.00pm Dinner

10.00pm to 12.00am Going out in Tarifa

Sunday: Beach/ Chill out day

9.00pm to 10.00pm Dinner

10.00pm to 12.00am Fun Tennis tournament

If you wish to discuss the programme please call us on **01209 211800** or email us to check course availability.



#### School residence:

The school residence is situated in the centre of Tarifa town just a stone's throw away from the old city centre and the town's beaches which offer a beautiful view across the Strait of Gibraltar.

The dormitories offer accommodation for a maximum of three students per room. Showers and toilets are located on every floor. Bedding is provided, but students should bring their own towels. Each student has their own cupboard and there is plenty of storage room in the dorms.

There is a lounge area with sofas to relax, where the students can use WiFi to chat and stay in contact with family and friends.

At a glance the students benefit from the following:

- Lockers for personal belongings
- Theatre for performances
- Ping pong table and table soccer
- Outdoor sports installations
- Dining room
- Classrooms
- WiFi
- 24/7 office which is always available for information/advice
- Kitchen with professional staff who prepare fresh and healthy food and cater for any special dietary or vegan/vegetarian requirements\*

\*For any special dietary or vegan/vegetarian requirements, please let us have this information before the camp starts, so the kitchen staff can be well prepared.



#### Sleeping arrangement criteria:

Girls are separated from boys, then the school consider their ages, and thirdly their mother tongues and nationality. The main objective at the summer camp is constant contact with the target language. With the integration of pupils from Spain a further step is taken towards this goal. The staff aims to encourage cultural exchange by placing students from different nationalities together.

We do not separate friends of the same gender unless parents specifically request it.

Course Dates: 2024

Arrival: Sunday

Course runs: Monday / Friday

Excursion/Activity: Saturday Departure: Sunday

## **Windsurfing & KiteSurfing Course:**

1 week: 01 July, 08 July, 15 July, 22 July

2 weeks: 01 July, 08 July, 15 July

3 weeks: 01 July, 08 July

4 weeks: 01 July

## Wingsurfing Course:

2 weeks: 01 July

Start dates open for elementary+ level students only.

#### Accommodation

#### Student residence:

The residence is where you live, learn, take your meals and meet up before an excursion. The residence offers separate quarters for girls and boys (on different floors) in dormitory style (3 students to a section or closed room) accommodation. Group leaders live on-site, and are available 24 hrs a day, throughout the programme. There is phone & computer access at the residence.

#### Travel/Transfers

Airport transfers from/to Malaga or Gibraltar airport are included in the programme.

Flights should arrive on the Sunday before the course starts, before 19.30 hours (and ideally around 12noon) to allow time for the transfer to Tarifa. For departures on the Sunday after the programme finishes flights should not leave earlier than 11.30 hours (and we recommend you aim for 2.00pm flights). Transfers can also be arranged from Seville or Jerez (or from Malaga on other days), but at additional cost.





If you wish to discuss the programme, please call us on **01209 211800** or email us to check course availability.

Contact: CESA Languages Abroad

info@cesalanguages.com

01209 211800





## Programme fees include:

Windsurfing, KiteSurfing & WingSurfing programme as requested, the necessary equipment, insurance and professional instruction are all inclusive in the course fees.

- Accommodation in residence in Tarifa centre in shared rooms, including three meals a day. For full day excursions, students receive a picnic lunch unless a lunch stop is included in the trip.
- Spanish language course plus entry test, course material, course confirmation & evaluation report from counselors and Spanish teachers.
- Counsellor and tutor assistance
- Cultural, recreational & sports activities as described
- Laundry once a week
- Internet access

# Transfer to & from Malaga or Gibraltar airports:

On arrival 30 June, 07, 14, 21 & 28 July

On departure 07, 14, 21 & 28 July

Transport for excursion and admission fees Indemnity insurance Accident insurance for the activity programme

#### Transfer fees

(from another airport or on unofficial dates)

Prices will next increase in February 2025

Malaga: EUR 150.00 one way
Jerez: EUR 150.00 one way
Seville: EUR 180.00 one way
Gibraltar EUR 50.00 one way

CESA online: www.cesalanguages.com