

# CESA Languages Abroad

## Valencia Teenage Programme

Learn Spanish  
and discover  
the Mediterranean  
lifestyle

Summer 2025

SPANISH COURSES FOR TEENAGERS IN VALENCIA



Our Teen summer programmes are designed for students aged between 13 and 19 y.o. with all levels of Spanish.

We expertly combine our lessons in small, caring classes with cultural and leisure activities.

#lavidaespanole



## Summer camp 13-15

Perfect for our younger students (13-15 y.o), the Summer Camp is a carefully supervised programme, which still gives the students some free time after lessons and activities to spend with their new international friends.



## Summer getaway 16-19

A free-style young programme aimed for students aged between 16 and 19 y.o. who want to take part in a well-structured supervised programme, but also have free time to go out and discover the city with other students of their age.



We put great effort into opening the minds of our teenagers through total cultural immersion. Students walk away with new skills, new appreciation for world cultures, new friends from across the world and new insights into what they can achieve. Our students will practise Spanish, experience an exciting new culture, make international friends, and have an unforgettable time with us.

**We divide the teenagers into two different programmes depending on their ages, so that we can focus better on their interests and needs.**





## Why Valencia

Valencia is a medium size city located on the Mediterranean Coast of Spain and has something to suit all tastes.

It's the perfect city for teenage students, easy to move around and safe.

You'll discover a modern city brimming with culture and history, fabulous beaches and a relaxed, friendly atmosphere.



Historic city centre with sights of many old civilisations.



Perfect place to enjoy the Mediterranean gastronomy.



It enjoys more than 300 days of sunshine per year.



Traditions and modern cosmopolitan life stand side by side.



Modern architecture in the City of Arts and Sciences.



Home of paella and endless orange groves.



Easy for young students to move around.



VA green city with many parks.



Lively city with many events.



Long sandy beaches.



Safe environment



Friendly people.



## The school



Our beautiful school is located in the heart of Valencia's old town, in a Gothic palace, surrounded by history and culture.

We have carefully renovated this historical building to our own vision of a 21st century language school that compliments history with modernism.

The school is placed just where the 11th century Arab city walls were standing and still a big part of them have remained inside the building crossing through the school and getting inside the classrooms, creating an atmosphere of history and mystery.

Our 2100-square-metre building has 28 classrooms with interactive whiteboards, comfortable areas for students, a sunny patio with orange trees and a rooftop garden to enjoy the beautiful Valencian weather all year round.

The Teen summer programmes take place in an exclusive wing of our school to ensure all our teens are together and interacting during breaks from class in a young and international atmosphere.

The school is conveniently located in the city centre with easy access to the accommodation and activities.





By bus:



One of the many bus stops around the old town area.

By metro:



Estació de Túria, Colón, Alameda, Xàtiva, Àngel Guimerà



CENTRAL LOCATION



HISTORICAL BUILDING



2100 SQUARE METRES



28 WELL-EQUIPPED CLASSROOMS



STUDENT AREA



PATIO



TERRACES



CAFETERIA



SUN LOUNGERS



BBQ



KITCHEN



WiFi

## School location

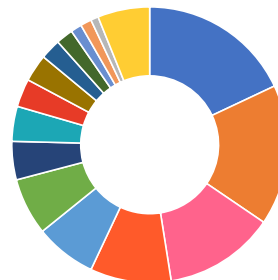
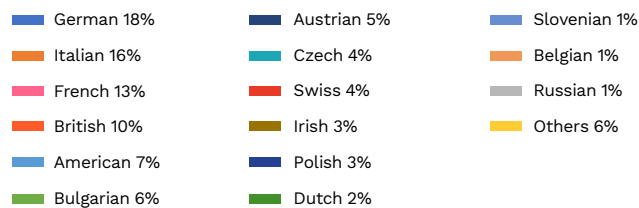
Situated on one of the main streets of Valencia Old Town, in the district of El Carmen.

A tangled web of narrow streets, alleys and plazas packed with terraces, El Carmen has become Valencia's most famous and fascinating neighborhood.

The school is surrounded by history, culture, shops, cafes, historical sites and the energetic Spanish city life.



## Student's nationality



## International and friendly atmosphere

Our students come from a growing number of countries, all with the aim of learning or improving their knowledge of Spanish language and experiencing the Spanish way of life.

The school's friendly atmosphere is perfect to use your new language skills to make friends.



## Spanish courses



There are four Spanish lessons every day, they can be in the morning or following a zig zag schedule (some days in the morning with activities taking place in the afternoon and some days activities taking place in the morning and lessons in the afternoon).

During the course students become immersed in Spanish language and culture, learn how people use the language in real life, how they speak to each other in the street and how they socialise. Students develop skills that they can immediately practise outside the classroom.

Our Spanish lessons focus on communication skills, although grammar and vocabulary are also important.

\* Students from both programmes might share some lessons.

## Students are immersed in Spanish life, culture and language



### Levels

The courses are divided up into 6 different levels: from beginner to advanced based on the Cervantes Institute programme under the directives of the Common European Framework of Reference for Languages.

No matter what your level of Spanish, we will always find a class that is perfect for you.

### Your Spanish class

All classes are given in Spanish. In general the number of students per class is between 6 and 12 and each lesson lasts for 50 minutes.

Since the groups are small in number, the teacher is able to deal with the specific needs of each student on a more personal basis.

The classes are based on tasks and planned depending on the students' needs and styles of learning.

You will use a textbook in class, together with supplemental material such as newspaper/press articles, adverts, audio-visual materials, etc.

### Our teachers

We have a dynamic team of teachers who love teaching Spanish. They're all university graduates and have many years of experience specialising in teaching foreign students.

They use modern materials and methods to ensure that lessons are interesting and entertaining.

# Accommodation

We offer our teens the choice to be totally integrated into the Valencian life by staying with a host family or share their experience with other international young students by living in a student residence.



Full Board



Laundry (self service in residence)



Weekly Cleaning



Bed linen and towels



WI-FI

## Host family

Our host families are carefully chosen to provide the utmost comfort and care for our teenagers. Most of our host families have been with us for years taking in our students all year round.

Students are accommodated in double rooms including full board, and we place them together with another teen of a different mother tongue.

Lunch can be packed or hot. Students can choose whether they would like to go home for lunch or take it packed to school.

Weekly laundry and cleaning are included.

The average journey to school for our students is 25 minutes (walking or by public transport, depending on their location).

## Residence

We also offer the possibility of living in one of our student residences near the school.

There is 24-hour staff in the residences making sure students are comfortable and supervised. Meals are served in the residences' canteens. Weekly cleaning and free self-service laundry machines and driers are available.



13-15

Our younger students who choose to stay in a residence live in Resiolé Mercado residence which is located in the old town, just 6 minutes walking to school.

Students stay in double, triple, or quadruple rooms with shared bathrooms.



16-19

The students of our Getaway programme who choose the residence live in a brand-new residence located just 12 minutes walking from the school.

They are accommodated in double rooms with private bathroom.





# Activities and excursions

Our programme of activities and excursions will help our students discover the Spanish culture, the friendly attitude of the locals and the festive atmosphere of our city.

Every day there will be activities which include cultural visits, sports competitions, barbecues, dancing lessons, afternoons at the beach or shopping.

On Saturdays we run full-day excursions, while on Sundays students are free to spend the day with their hosts or to meet friends and join the school activity in the evening.

Experienced teachers and coordinators take care of our students and accompany them during all the cultural activities, visits and excursions included in the programme.

## Afternoon and evening activities

- Walk in the old town
- Visit to Museums
- Visit to the City of Arts & Sciences
- Bike tour
- Sports
- Shopping trips
- Bowling
- BBQ in the school terrace
- Outing to the cinema
- Beach games
- Paella party
- Disco party
- Quiz night
- Talent show
- and many more.....

## Excursions

- Aquapark
- Albufera lake
- Benicassim
- Sagunto
- Játiva
- Peñíscola
- Montanejos
- Altea
- Calpe
- and many more...





# A Summer camp weekly plan



This is an example of a regular schedule of classes and activities

## Sunday

Arrival to Valencia and transfer to host family or residence

18:30 Welcome event and barbecue dinner at the school



## Monday

08:00 Breakfast  
08:30-13:20 Level test and Spanish classes  
13:30 Lunch  
15:30 Quiz tour in the city  
17:30 Paella Party  
21:00 Dinner



## Tuesday

08:30 Breakfast  
09:30-11:00 Bike tour in the riverbed gardens  
11:00-13:00 Visit to the football stadium  
13:30 Lunch  
14:30-18:20 Spanish classes  
Free time  
21:00 Dinner



## Wednesday

08:30 Breakfast  
09:30-13:20 Spanish classes  
13:30 Lunch  
16:30 ¡Vamos a la playa!  
18:00 Sport games at the beach  
21:00 Dinner



## Thursday

08:30 Breakfast  
09:30-11:00 Visit to the Science Museum  
11:00-13:00 IMAX movie at the Hemisferic  
13:30 Lunch  
14:30-18:20 Spanish classes  
Free time  
21:00 Dinner



## Friday

08:30 Breakfast  
09:30-13:20 Spanish classes  
13:30 Lunch  
16:30 Visit to the Serrano Towers  
18:00 Certificate awardings for the leavers and farewell party  
21:00 Dinner



## Saturday

08:30 Breakfast  
9:00 Full day excursion to Peñíscola  
21:00 Dinner  
or transfer to the airport and departure (for students leaving)

# A Summer getaway weekly plan



## Sunday

Arrival to Valencia and transfer to host family or residence

18:00 Welcome event and barbecue dinner at the school



## Monday

08:00 Breakfast  
08:30-13:20 Level test and Spanish classes  
13:30 Lunch  
18:00 Quiz tour in the city  
20:00 Spanish tapas dinner



## Tuesday

08:30 Breakfast  
09:30-13:00 Paddle surf at the beach  
13:30 Lunch  
14:30-18:20 Spanish classes  
21:00 Dinner



## Wednesday

08:30 Breakfast  
09:30-13:20 Spanish classes  
13:30 Lunch  
19:30 Albufera sunset boat tour with picnic dinner on the boat

## Thursday

08:30 Breakfast  
11:00-13:00 Visit to the IVAM  
13:30 Lunch  
14:30-18:20 Spanish classes  
20:30 Dinner  
21:30 Mysteries of Valencia tour



## Friday

08:30 Breakfast  
09:30-13:20 Spanish classes  
13:30 Lunch  
20:30 Certificates gala and dinner



## Saturday

08:30 Breakfast  
09:00 Full day excursion to Montanejos with rafting activity  
21:00 Dinner  
or transfer to the airport and departure (for students leaving)

## Your arrival

Arrivals are normally on Sundays and departures on Saturdays (extra nights might be possible at extra cost).

We can pick up the students at the airport and take them to the host family or residence with an extra cost.

Also on departure students can be picked up at their accommodation and driven to the departure terminal of the airport.

If they book our transfer service, they will be helped to do the check-in and will be accompanied up to the security control before the boarding area.

Students who have booked the UM service with the airline (unaccompanied minor service) will also have to book the service with the school (extra cost for departure) as the airline requires the person in charge to escort the student until boarding the plane.




## Supervision and security

Every outing is supervised by our school staff who watch out for the wellbeing and safety of our students. Specialist activities such as sailing, paragliding, etc, are always supervised by professional instructors.

Students are expected to attend lessons and activities as scheduled, and have to respect the programme curfew that is established depending on age.




## Curfews

 For 13-15 y.o.

Sunday to Thursday: Students have to be back for dinner, and are not allowed to go out later. Dinner is normally between 21:00 and 21:30.

Friday and Saturday: Return to their accommodation by 23:00.

 For 16-19 y.o.

Sunday to Thursday: Return to their accommodation by 00:00.

Friday and Saturday: Return to their accommodation by 01:00.

## The first day

On Monday morning host families accompany the teens to school and show them the way back home, either walking or by public transport.

Students living in residence will be accompanied on Monday morning by our school staff.

Students will then take a level test so that they can be placed in the class of the corresponding level.

After the test, they will attend a Welcome meeting where they will receive useful information and get to know other new students and the staff of the school.

Once the tests have been reviewed, every student is placed in a group and the classes can begin.

Complete beginners of Spanish don't have to take the level test but will participate in the Welcome meeting.

\*\* It's possible to book the "extra supervision service" if parents want the host family or our staff to accompany the children every day to school and pick them up in the evening after the activities.



## Dates and fees

### Start dates

All levels can start every Monday from 17th June to 12th August.

The programme finishes on the 17th August.


Arrivals are normally the Sunday before. Arriving on Saturday or leaving on Sunday is also possible adding an "extra night" fee.

Length of the programme from 1 to 9 weeks

### Fees

<b>Enrolment fees</b>	<b>40.00 + 70.00 €</b>
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<b>Summer camp</b> 		
<b>13-15 y.o.</b>		
	Per week	Extra night
Host family	<b>810,00 €</b>	<b>45,00 €</b>
Residence	<b>920,00 €</b>	<b>55,00 €</b>

<b>Summer getaway</b> 		
<b>16-19 y.o.</b>		
	Per week	Extra night
Host family	<b>810,00 €</b>	<b>45,00 €</b>
Residence	<b>1.060,00 €</b>	<b>70,00 €</b>

<b>Day programme</b> Spanish course + activities*	<b>395,00 €</b> / week
<b>Extra supervision for teenagers</b> in host families The host families accompany and pick up the children from school	<b>90,00 €</b> / week
<b>Extra excursion</b>	<b>60.00 €</b>

\* For students who don't need accommodation, we offer the option of joining the Spanish courses and activities from Monday to Friday (Day programme). In the Day programme, the Saturday excursion is not included but it can be added optionally.

**Special dietary requests:** 30.00 € / week  
vegan, gluten free diet etc

<b>The programme includes</b>	<b>Summer camp</b>	<b>Summer getaway</b>
20 lessons per week (50 minutes per class) in the group of maximum 12 students	✓	✓
Class material	✓	✓
Level test	✓	✓
Full board accommodation in host family in double room with shared bathroom	✓	✓
Full board accommodation in residence in double, triple and quadruple rooms with shared bathroom	✓	
Full board accommodation in residence in double room with private bathroom and air conditioner		✓
Activities, cultural visits and sports every afternoon from Sunday to Friday	✓	
Activities and cultural visits 3 afternoons and 3 evenings per week		✓
One full day excursion on Saturdays*	✓	✓
Certificate and academic report at the end of the course	✓	✓
24h emergency assistance	✓	✓
Medical insurance	✓	✓
Supervision by our experienced team of teachers and coordinators	✓	✓

\* 2 week courses include 1 full day excursion and 3 week courses include 2 full day excursions. For 1 week courses, if students are leaving on Sunday (with an extra night charge) the Saturday excursion will be included.

\* Student born in 2008 can choose the Summer getaway programme (even if they are 15 y.o.).

#### To enrol:

Contact CESA staff by phone, email or online

**t: +44 1209 211800**      **e: info@cesalanguages.com**

**w: cesalanguages.com**

### Transfers

<b>Airport/station shared transfer</b> Saturday/Sunday to/from school accommodation/Valencia airport or station	<b>45,00 €/way</b>
<b>UM transfer service (arrival &amp; departure)</b>	<b>90,00 €</b>
<b>Transfers between accommodations</b>	<b>40,00 €</b>
<b>Individual transfer</b> Weekday transfers or to other points	<b>80,00 €</b>