

## Italian for the Over 50s

Milan 2025

Like the idea of studying Italian in Milan with other mature students? These language holidays are the perfect solution!

On set dates each Spring and Autumn we offer you the chance to practise and improve your Italian with other adult students. The programme also enables you to explore the city with an Italian guide and sample the wines, enjoy a traditional meal and tour some of the amazing churches and museums that Milan offers.



### Course Format:

One or two week duration

20 group language lessons per week  
(mixed age group) plus social  
programme per week

Max. 14 people per class

Levels: All ability levels

Timetable: Morning timetable plus social  
programme in the afternoons and some  
evenings

### Course Notes

Open to students of all language levels, these courses concentrate on developing general language skills (speaking, listening, reading and writing) and are always held in Italian. These short term Italian courses are aimed at those who need to build on current skills or who want to learn Italian in Florence, from scratch on an Italian immersion course, with their peers. Older adults are placed in classes together wherever viable, however if necessary a student is placed in a class with a mixed aged group to ensure the language tuition is appropriate for their skill level.

The programme is aimed at those students who wish to share the experience with their peers whilst concentrating on developing their communication skills.

The morning course of Standard Italian Language is designed to improve language and conversational skills and heighten the awareness and appreciation of the Italian culture.

Classes are in small groups (mixed age group) with the emphasis on oral expression, as well as social and cultural aspects rather than grammar analysis and written skills.



### Course Dates: 2025

Arrival: Sunday  
Classes: Monday/Friday  
Departure: Saturday

One & Two week start dates:

Monday 31 Mar  
Monday 16 June  
Monday 29 September

### Course Fees:

One week	€ 730.00
Two weeks	€ 1325.00
CESA admin fee:	€ 70.00

### Accommodation Fees:

Italian hosts: B&B, single room  
One week € 300.00  
Two weeks € 520.00

Italian hosts: half-board, single room  
One week € 396.00  
Two weeks € 728.00

*Shared rooms also available*

**Important note:** Accommodation fees are paid DIRECTLY in Italy, not via CESA

### Course Activities First Week:

Guided city tour and local aperitif in the famous 'Campo' (square) in Siena  
Visit the magnificent Siena Duomo, a truly impressive and imposing cathedral  
Relax & enjoy a half day excursion to the Rapolano Spa  
Tour the fascinating fountains of Siena with an Italian guide  
Savour some Italian foods, with a 'Pecorino' cheese tasting session, accompanied by a selection of honey and marmalade.

### Course Activities Second Week:

Escape Siena and experience a weekend excursion through Southern Tuscany  
Be tempted by Tuscan cuisine during a cookery lesson and tasting session  
Participate in a guided tour of the 'Palazzo Pubblico' (Siena's graceful gothic town hall)  
Learn about Italian wine from an expert Sommelier at a wine tasting session  
Finish your trip with a traditional Tuscan dinner with your group leader in a renowned local restaurant

Exact timetable may vary from the above itinerary

**Public holidays:** There are public holidays in the year, but they don't coincide with the Over 50 course dates.



## Accommodation

Students can choose to stay with local Italian hosts (great for practising your Italian out of class!) or in local Hotels (all categories offered, just let us know your preference).

### Italian hosts:

Many language students choose to stay with hosts. You will be provided with a single room with a hostess, on a Bed and breakfast or half-board basis.

Host accommodation generally involves a commute in from residential areas, (allow 20/30+ mins).

## Travel/Transfers

Malpensa / MXP airport : EUR 130 one way

Linate / LIN airport : EUR 70 one way

Orio al Serio / BGY : EUR 140 one way

If arriving in Milan, you can either book the Italian language school private transfer or make your own way into the city centre and your accommodation.



## Background information

The Italian language school in Milan offers a wonderful study environment for all linguistic needs, in a dynamic city location. Students have easy access to the city sights, including the Duomo, Galleria Vittorio Emanuele II and Sforza Castle. Explore the Navigli district home to art galleries, bars and cafes galore, buzzing with life, day & night and home to the language college.

Situated above the Viale Liguria, on a college campus, the facilities include 10 classrooms (air con), a student bar & cafeteria and has free internet access. Whether you have just a fortnight or several months to dedicate to your studies, Milan is an exciting language study destination.

Course Duration	1+ weeks Over 50 course: 1 to 2wks
Minutes per lesson	45
Minimum age	16 yrs old
No. of Classrooms	6+
No. of students /quietest months	30/40 per month
No. of students /busiest months	70/80 per month