

## Antibes Summer 2026



### Standard Programme

- **01 to 04 week** programmes
- **20 group lessons** (20 x 45 mins) per week
- Up to 15 students per class level
- 08.30-12.00hrs (or PM timetable)
- No lessons on the first Monday

In total there are 36 lessons over 2 weeks (unless a day is lost to a public holiday). This is equal to a term of contact lessons at your school in the UK and you are immersed in France, speaking French with native French speaking teachers and the “animateurs” (who help organise the social activities each week).

Four ability levels are catered for, in compliance with the European framework of Reference:

Beginner                      Intermediate: B1-, B1, B1+  
Elementary: A1 & A2        Advanced: B2, C1

## Open to 13 to 17 yr olds

### Is this the course for you?

Yes. If you're looking for an immersion French course, in the beautiful south of France. It's perfect for teenagers of all ages, looking to work on their French, in a well organised teenage only study environment (by the sea) with other language students from across Europe.

The courses are popular ~ so early reservations are advised!

### Location Plus Points

- Antibes offers all the benefits of the Riviera with the charm of the picturesque streets of Antibes, splendid sandy beaches and plenty of sunshine and yet is only 13 km from Nice airport.
- A popular summertime location with teenage language learners
- Combine your French studies with inclusive activities

### Special activity options:

- [Sailing sessions](#)/ July & August
- [Water Sports](#)/ July & August

### Course Plus Points

- Tutors are all native speakers who are also professional teachers of French as a foreign language.
- French only rule in the classroom
- Perfect for GCSE, A' level or Leaving Cert levels
- Activities and excursions are overseen by school group leaders

## Intensive Programme

- **01 to 04 week** programmes
- **20+ 5 group lessons** (25 X 45 mins) per week
- Up to 15 students in AM
- 08.30-12.45hrs (or PM timetable)
- No lessons on the first Monday
- Not offered to complete beginners

The additional 5 lessons per week offer extra practise in the French language so that students can improve their **oral skills**. Small class sessions ensure ample opportunity to talk!

## Standard Course 2026 Prices

20 lessons per week format

CESA admin fee: € 70.00 per person

Tuition & hosts/ess Shared room	Tuition & residential centre Shared room
One week € 1250.00	One week € 1250.00
Two weeks € 2300.00	Two weeks € 2300.00
Three weeks € 3450.00	Three weeks € 3450.00
Four weeks € 4600.00	Four weeks € 4600.00

### Fees include:

Tuition and accommodation for length of course booked, return transfer from Nice airport on arrival Sunday and departure Saturday at agreed times only, social activities described as inclusive in course fees.

### Day course + lunches & activities:

First week: €895.00 / Additional week: €845.00

Summer Start Dates 2026	
June	22 29
July	06 13 20 27
August	03 10 17
Sailing Sessions:	29 June – 21 August
Watersports Sessions:	22 June – 21 August

### Sailing Course: July/August 2026

Price per week: EUR 285.00 (Campus only)

### Water Sports Course: July/August 2026

Price per week: EUR 285.00 (Campus only)

### Public holidays

No lessons are held: 14 July 2026

*Please note where a public holiday falls on a Monday, assessments etc will take place on Tuesday. We do not recommend weeks with public holidays in it is never recommended for one week course students (as effectively there will only be three days of language tuition).*

### First Monday:

No French lessons held, students are tested and have an orientation session. Classes will begin on Tuesday.

## Intensive Course 2026 Prices

25 lessons per week format (extra oral sessions)

CESA admin fee: € 70.00 per person

Tuition & hosts/ess Shared room	Tuition & residential centre Shared room
One week € 1350.00	One week € 1350.00
Two weeks € 2560.00	Two weeks € 2560.00
Three weeks € 3840.00	Three weeks € 3840.00
Four weeks € 5120.00	Four weeks € 5120.00

### Supplements:

Single room: €150.00 supplement per week in hosts

Extra day/full-board: €150.00 in residence

Gluten Free: €160.00 per week in residence or with hosts/ess

Extra transfer during the week: €80.00

## Programme Syllabus:

Monday to Friday

AM: French lessons / PM: Activity programme

### Standard Course:

20 lessons in total (equal to 15 hrs class time)

10 hours a week focused on classical work, oral and written comprehension, written and oral expression, and grammar, pronunciation, and French culture.

5 hours a week focused on oral activities, with a range of linguistic games aimed to develop student confidence and aptitude when conversing in French.

### Intensive Course:

As Standard Course +

5 x 45-minute sessions focused on pronunciation and French civilization, according to student level (not available to beginners)

### METHODOLOGY

Use of various teaching aids:

Specialized material

Documents created by our directors of teaching

Visual documents/ Audio and audio-visual documents

Authentic written documents

Intensive use of the video and of the camcorder

Simulations/ Role plays/ Didactic games

Live practice outside of class (surveys, interviews/reports in town...)

The Standard Course lessons cater for beginners to advanced abilities, with the curriculum divided into distinct class groups each week, on a rolling start basis throughout the summer. When new students arrive, they are placed in the most appropriate class level, given their language ability.

# Excursions & Activities

A range of supervised activities are offered as an inclusive (and compulsory) part of the programme:

- one half-day trip each week
- a sailing session each week
- a full day trip at the weekend (if staying for 2 wks+)
- a weekly Monday BBQ or Friday evening party

No activities take place on the first or last day of a course



## Activity Schedule

(example only)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00am	Wake up & Breakfast at the residence						
9am/12.20am	French test for new arrivals	French lessons (20 minutes break included)				Departure Drop off by the staff at Nice airport or Antibes station  or All day excursion e.g. Monaco or Grasse if staying for 2 week or longer	Arrival Collection by the staff at Nice airport or Antibes station  or Free day
Additional weeks:	French lessons						
12.30pm	Lunch at the residence						
2.00 to 5.30pm	Wk 1: Guided visit of Antibes Wk 2+ Free time	Free afternoon	Sailing afternoon	Tree Top Adventure Park	Sports afternoon		
5.30 to 6.30pm (optional)	Volleyball	Circus skills	Role games	Basketball	Water games		
7.00pm	Dinner at the residence						
Optional activity *	Welcome evening	BBQ	Casino night	Film night	Cabaret	Disco night	Olympics night
Bedtime	Curfew rule applied at 10pm				Curfew / 1am	Curfew / 1 am	Curfew / 7.30pm *

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00am	Wake up & Breakfast at the residence						
9am/12.20am	French test for new arrivals	French lessons (20 minutes break included)				Departure Drop off by the staff at Nice airport or Antibes station  or All day excursion e.g. Aquasplash or Marineland if staying for 2 week or longer	Arrival Collection by the staff at Nice airport or Antibes station  or Free day
Additional weeks:	French lessons						
12.30pm	Lunch at the residence						
2.00 to 5.30pm	Wk 1: Guided visit of Antibes Wk 2+ Free time	Free afternoon	Sailing afternoon	Visit to Nice	Sports afternoon		
5.30 to 6.30pm (optional)	Waiter's race	Football	Dance	Sports	Dodgeball		
7.00pm	Dinner at the residence						
Optional activity *	Welcome evening	BBQ	Treasure night	Karaoke	Cabaret	Disco evening	Role games
Bedtime	Curfew rule applied at 10pm				Curfew / 1am	Curfew / 1 am	Curfew / 7.30pm *





## Accommodation

Students stay in one of two large summer residences (catering for up to 300 students per residence) or with local French hosts.

## Hosts

Students stay with French people, who provide breakfast and the evening meal (lunch is taken at the college) and bedrooms are shared (2+ language students per room). Single room accommodation can sometimes be arranged on request (limited availability).

Students need to walk or take the bus to the language school (allow 20/30 minutes).

Hosts are usually couples or older single ladies who offer the opportunity to experience daily life in France.

Early bookings recommended as places always become fully booked.

## Travel

Arrive: Sunday

Depart: Saturday AM

Fly to Nice International and take the inclusive college arranged transfer service from **Nice airport** or **Antibes station** to the student accommodation in Antibes. The return transfer fee is also an inclusive item in the course fees.

Please ensure the flights arrive on the Sunday at a reasonable hour and likewise depart at a reasonable time on the Saturday. Set arrival days/times apply to the transfer service and cannot be altered.

You are welcome to arrive/depart on Saturday or Sunday of any weekend the college is open, but if not arriving on Sunday, or departing on Saturday a supplement for students is EUR 150.00 (shared room) will be applied per extra night.

### Unaccompanied Minor Travel:

Please let CESA know if you book this airline service, so we can advise the school well in advance



# Residence

Student placement in rooms on site is based on achieving the best mix of age, nationality and language ability to ensure the best social and working environment, for every student. Friends can be placed together on request.

## Campus One (available in July & August)



Located to the east of Antibes, in a quiet setting, the Lycée is 2.5 km from the town centre and beaches. Students are accommodated in one of the two buildings of 90 rooms, where they can enjoy the superb gardens surrounding the centre, run by the French Ministry of Agriculture. The campus has a cafeteria, indoor and outdoor sport grounds, a swimming pool and an amphitheatre for night events.

10 min walk from the beaches of Antibes  
4 km from the centre of Juan-les-Pins

2,5 km from the centre of Antibes  
25 km from Nice Côte d'Azur airport (20 to 30 min by car)

### The Campus

The campus offers 90 rooms in two buildings of 4 floors

A very large garden area of 90.000 m<sup>2</sup>.

French lessons are held on site

A nice self-service restaurant (light and spacious)

Well equipped rooms for 2, 3 or 4 students, with bathroom and toilets on the corridor.

A cafeteria (with TV) is available for all our students

Sports grounds (basketball & volleyball) inside the campus.

A swimming pool (above ground – think relaxing rather than serious length work!).

No air conditioning on site

Full board: All meals are taken on the campus except on Saturday and Sunday (excursion days).

Vegetarian meals are offered (vegan meals are not offered). Gluten free: On request but expensive

### Student rooms

Rooms are spacious and light (between 25 & 30 m<sup>2</sup>). Half of the rooms have a sea view & the others have a garden view. Rooms are generally equipped with four beds, some of them (smaller) have 2 or 3 beds. Bathing facilities are communal and situated on each floor. There are two bath areas (4 showers, 4 sinks and 4 toilets) for 8 rooms.

For security reasons students have restricted access to their rooms during the day (schedule is posted on site).

*We recommend students bring a pair of single sheets and a pillowcase with them, as the disposable sheets arranged by the school are not popular.*



## Campus Two *(Not offered in 2026)*



The campus is in the North of Antibes, bordering a pine wood. The campus lies 7 km north of the town centre and beaches. Students share 71 rooms and have access to the sports fields, large above ground swimming pool and cafeteria.

Free shuttle between the campus and the beaches.

7 km from the centre and the beaches

25 km from Nice Côte d'Azur airport

A summer campus in a quiet environment

The Campus:

French courses take place on the campus site

A self-service restaurant

A cafeteria & a TV room

Organised free transfers at different times, schedules given on arrival

Public phones with card (sold at the reception desk)

A large above ground swimming-pool (16 m long and 4 m large) located in the campus

Sports grounds (volleyball, handball and basketball) are at the students' disposal inside the campus

No air conditioning on site

Full board: All meals are taken on the campus except on Saturday and Sunday (excursion days)

Vegetarian meals are offered (vegan meals are not offered)

Gluten free: Offered for a supplement (€ 160.00 per week)

Student rooms

Rooms are 24m<sup>2</sup> and have 3 individual beds

A complete bathroom for every two rooms (2 sinks, 1 shower and toilets).

We recommend students bring a pair of single sheets and a pillowcase with them, as the disposable sheets arranged by the school are not popular.



# Curfew rules

## Residence accommodation

### All ages

Students are welcome to leave campus unsupervised from **13.30 to 19.30 hrs** and then return for dinner on campus.

*The school will welcome 12 year olds on the courses, only if staying in a residence, but they will NOT be allowed out unaccompanied at the end of the activities. From past experience CESA would only recommend a 12 year old attending, if accompanied by an older sibling.*

### For 13/15 year olds

Students aged 15yrs or younger will not be able to go out at night unsupervised.

No alternative curfews or restrictions can be implemented.

### For 16/17yr olds

Parents must then choose one of the following options:

**Option One/** The student **cannot go out unsupervised** after dinner (19.30hrs).

**Option Two/** The student can go out unsupervised **up to 22.00hrs** Monday to Thursday evening and **until 01.00hrs** on both Friday & Saturday, & the day prior to a bank holiday (if applicable) and **19.30hrs** on Sunday evening.

## Host accommodation

### All ages

Students are welcome to leave campus unsupervised from **13.30 to 19.30** hrs only and then return for dinner to their hosts, except for Monday for the school arranged BBQ, and Friday for mandatory accompanied evening party.

### For 13/15 year olds

Students aged 15yrs or younger will not be able to go out at night unsupervised.

No alternative curfews or restrictions can be implemented.

### For 16/17 year olds

Students in a host family will automatically be allowed to go out Monday to Thursday nights, **until 22.00hrs**, including Monday for the school arranged BBQ and **until 01.00am on Friday & Saturday** & the day prior to a bank holiday (if applicable) in accordance with the college director's rules and **19.30hrs** on Sunday evening..



**CESA**  
Languages Abroad

**Ready to enrol?**

**Enrol online** or

call CESA: 01209 211800

International: 0044 1209 211800

A deposit of €300.00, \$350.00 or £250.00 is required on booking (or full fees if enrolling close less than 8 weeks before the start date).

**Please book early!**

This programme always sells out each summer.

> [Antibes Programme online](#)