

Italian for the Over 50

Siena 2026

Would you like to improve your Italian, take a cultural holiday in Siena and share the experience with other mature students?

On set dates you get the chance to practise and improve your Italian with other adult students. The programme also enables you to explore the city with an Italian guide and sample the wines, enjoy a traditional meal and tour some of the amazing sights that Siena offers.



Course Notes

Open to students of **all language levels**, these courses concentrate on developing general language skills (speaking, listening, reading and writing) and are always held in Italian. These short term Italian courses are aimed at those who need to build on current skills or who want to learn Italian in Siena, from scratch on an Italian immersion course, with their peers. Older adults are placed in classes together wherever viable, however if necessary a student maybe placed in a class with a mixed aged group to ensure the language tuition is appropriate for their skill level.

The programme is aimed at those students who wish to share the experience with their peers whilst concentrating on developing their communication skills.

The morning course of Italian Language is designed to improve language and conversational skills, and heighten the awareness and appreciation of the Italian culture.

Classes are in small groups (mixed age group) with the emphasis on oral expression, as well as social and cultural aspects rather than grammar analysis and written skills.

Course Format:

Two week duration

15 group language lessons per week (mixed age group) plus social programme per week

Max. 15 people per class

Levels: All ability levels

Timetable: Morning timetable plus social programme in the afternoons and some evenings



Course Dates: 2026

Arrival: Sunday

Classes: Monday/Friday

Departure: Saturday

Two week start dates:

Monday 18 May

Monday 28 September

Monday 26 October

Italian Course & Activities

Over 2 weeks:

30 group lessons of Italian language

+ 4 guided visits to Siena museums

+ 2 evening culinary lessons

+ 1 wine tasting

+ farewell dinner

Suitable for all levels, (beginners to advanced students), with the same attitude: learning the practical elements of a foreign language in different environments

Hands-on cooking lessons in the evening

Small group Italian classes:

max 12 students, with an average of 8 students per class

2 half-day excursions

Syllabus tailored to specific academic requests and needs

Practical learning experience with project work and real examples

Wine tasting and concert (recital)

Exact timetable may vary from the above itinerary

Public holidays: There are public holidays in the year, but they don't coincide with the Over 50 course dates.

Course Fees:

Two weeks € 1245.00

CESA admin fee: € 70.00

Accommodation Fees:

Italian hosts: B&B, single room

Two weeks € 440.00

Italian hosts: half-board, single room

Two weeks € 630.00

Shared rooms also available



Accommodation

Students can choose to stay with local Italian hosts (great for practising your Italian out of class!) or in local Hotels (all categories offered, just let us know your preference).

Italian hosts:

Many language students choose to stay with hosts. You will be provided with a single room with a hostess, on a Bed and breakfast or half-board basis.

Host accommodation generally involves a short commute in from residential areas, (allow 20/30 mins).

Hotels:

All categories offered, just let us know your preference.

Travel/Transfers

Transfer on arrival:

Collection from Siena train station:

€60.00 / one way

If arriving in Florence, you can make your own way to Siena.



Background information

Established in 1979, the school is located in the heart of the oldest part of Siena, the school is just 10 minutes' walk from Piazza del Campo. The building offers a superb learning environment; besides the classrooms, facilities include a common room with piano, a library, a TV room and wifi access. There is also a dedicated cookery department with a full professional equipped kitchen perfect for the culinary programmes offered.

For studies outside of class, a large collection of teaching materials, literature, magazines, cassettes and videos at their disposal. There are 25+ classrooms for group course and private tuition use and the staff are always on hand should you have any questions once on your course.

Course duration	1+ weeks
	Over 50 course: 2 wks
Minutes per lesson	50
Minimum age	18 yrs (year round)
No. of Classrooms	25+
No. of students /quietest months	35/50 per month (year round)
No. of students /busiest months	140 per month (year round)

> CESA/Italian courses *online*

If you wish to discuss the programme please call us on **01209 211800** or email us to check course availability.