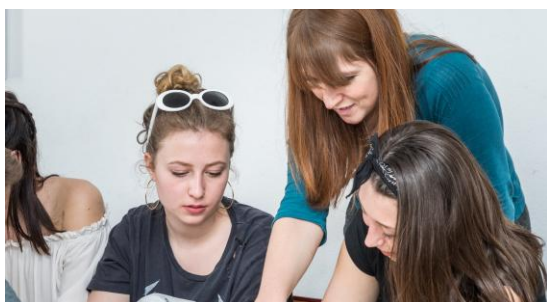


Antibes/Juan les Pins Easter+ Programme 2026

13 to 17 yr olds



Standard Programme

- **01 to 04 week** programmes
- **20 group lessons** (45 mins x 20) per week
- Up to 12 students per class level
- 09.00-12.30 hrs
- No lessons on the first Monday

In total there are 36 lessons over 2 weeks (unless a day is lost to a public holiday). This is equal to a term of contact lessons at your high school and you are immersed in France, speaking French with native French speaking teachers with classes focused on grammar and pedagogic activities, according to your language level.

Four ability levels are catered for, in compliance with the European framework of Reference:

Beginner	Intermediate: B1-, B1, B1+
Elementary: A1 & A2	Advanced: B2, C1

Is this the course for you?

Yes. If you're looking for an immersion French course outside of the main summer season, in the beautiful south of France. It's perfect for teenagers of all ages, looking to work on their French, in a well organised teenage only study environment (by the sea) with other language students from across Europe.

The courses are popular ~ so early reservations advised!

Location Plus Points

- Antibes/Juan les Pins offers all the benefits of the Riviera with the charm of the picturesque streets of Antibes, splendid sandy beaches and plenty of sunshine and yet is only 13 km from Nice airport.
- A popular location with teenage language learners
- Combine your French studies with an inclusive activity course

Course Plus Points

- Tutors are all native speakers who are also professional teachers of French as a foreign language.
- French only rule in the classroom
- **No more than TWELVE students** per class
- Perfect for GCSE, A' level or Leaving Cert levels
- Activities and excursions are all overseen by school group leaders

Intensive Programme

- **01 to 04 week** programmes
- **20 + 06 group lessons** (45 x 26) per week
- Up to 12 students (06 in extra classes)
- 09.00-12.30 hrs + 14.00-16.00 hrs (twice a week)
- **Elementary+** abilities catered for
- No lessons on the first Monday

The extra 6 lessons per week offer extra conversation practise in French language so students can improve their **oral skills**. Small class sessions ensure ample opportunity to talk!

Standard Course Prices – 2026

20 lessons per week format

CESA admin fee: € 70.00 per person

Tuition & hosts/ess Shared room	Tuition & residential centre Shared room
One week € 1280.00 Two weeks € 2440.00 Three weeks € 3660.00 Four weeks € 4880.00	One week € 1280.00 Two weeks € 2440.00 Three weeks € 3660.00 Four weeks € 4880.00

Fees include:

Tuition and accommodation for length of course booked, return transfer from Nice airport on arrival Sunday and departure Saturday at agreed times only, social activities described as inclusive in course fees.

Day course + lunches + activities:

One week: €860.00 Additional week: €800.00

Start Dates 2026

March	09 16 23 30
April	07* 13 20 27
May	04 11 18 26*
June	01 08 15 ---

August	24 31
September	07 14 21 28
October	05 12 19 26

See the [Juan les Pins Summer PDF](#) for July/August course details – Monday 22 June to Friday 24 August 2026

Public holidays, when no lessons are held:

06 Apr, 01, 14 & 25 May in 2026

* Please note due to the public holidays on 06 Apr & 26 May, assessments etc will take place on Tuesday. We do not recommend weeks with public holidays for one week course students (as effectively there will only be three days of language tuition).

First Monday:

No French lessons held, students are tested and have an orientation session. Classes will begin on Tuesday.

Intensive Course Prices – 2026

25 lessons per week format (extra oral sessions)

CESA admin fee: € 70.00 per person

Tuition & hosts/ess Shared room	Tuition & residential centre Shared room
One week € 1445.00 Two weeks € 2770.00 Three weeks € 4155.00 Four weeks € 5540.00	One week € 1445.00 Two weeks € 2770.00 Three weeks € 4155.00 Four weeks € 5540.00

Accommodation Supplements:

VIP Residence One supplement option:

Shared rm with balcony & towel kit: €250.00 per week

Single room: €245.00 supplement per week in residence

Extra day/full-board: €165.00 in residence

Gluten Free: €160.00 per week in residence or with hosts/ess

Extra transfer during the week: €80.00

Programme Syllabus:

Monday to Friday

AM : French lessons / PM : Activities and excursions

OBJECTIVES

Acquiring fundamentals of French, basic grammar
Developing practical communicative functions for speaking and writing. Facilitating communication in French through entertaining and/or interesting activities specifically designed for young students

PROGRAMME

Basic grammar programme (20 to 30% of the course)
Didactic activities including writing and speaking practise

METHODOLOGY

Use of various teaching aids:

Specialized material

Documents created by the Head of Studies

Visual documents/ Audio and audio-visual documents

Authentic written documents

Intensive use of the video and of the camcorder

Simulations/ Role plays/ Didactic games

Live practice outside of class (surveys, interviews/reports in town...)

The core group lessons offered cater for beginners to advanced abilities, with the curriculum divided into distinct class groups each week, on a rolling start basis throughout the year. When new students arrive, they are placed in the best class group given their current language ability.



Excursions & Activities

A range of activities are offered as an inclusive (and compulsory) part of this programme:

- 1/ half-day trip to Cannes or Nice each week
- 2/ a full day trip to Monaco or Tree Climbing or to Grasse and Fragonard museum (2 wks+ stays)
- 3/ 2 activities per week eg. Trampoline park, laserquest or sailing
- 4/ a weekly barbecue or party night

No activities take place on the first or last day of a course, as the group leaders are busy helping students.

All students, (host and residence accommodation) attend the evening BBQ event and the end of the week party, with group leaders in attendance.

Evening activities are arranged for students in the residences throughout their stay, not those staying with hosts.

Activity Schedule *(example only)*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00am	Wake up & Breakfast at the residence						
9am/12.20am	French test for new arrivals	French lessons (20 minutes break included)				Departure Drop off by the staff at Nice airport or Antibes station or All day excursion e.g. Monaco or Nice if staying for 2 week or longer	Arrival Collection by the staff at Nice airport or Antibes station or Free day
Additional weeks:	French lessons						
12.30pm	Lunch at the residence						
2.00 to 5.30pm	Visit Antibes or Boot Camp	Free afternoon	Visit to Cannes	Urban Camp	Laserquest		
5.30 to 6.30pm (optional)	Darts tournament	Theatre Studio	Smoothie workshop	Table Tennis	Circus Workshop		
7.00pm	Dinner at the residence						
Optional activity *	Welcome evening	BBQ	Just Dance	Cluedo	Casino Night	Hollywood night	Fury night
Bedtime	Curfew rule applied at 10pm				Curfew / 1am	Curfew / 1 am	Curfew / 7.30pm *



Accommodation

Easter to June & late August to October

Students stay with local French hosts or in small residences with group leaders in single or shared rooms.

Summer Dates:

See alternative French course PDFs or online details for–

[Summer Camps in Juan les Pins, Antibes & Cannes in 2026](#)

Host Description

Students can stay with local French hosts/hostesses who offer breakfast and the evening meal (lunch is taken at the college) and bedrooms are shared (2+ students per room).

Single room accommodation can sometimes be arranged on request.

Students walk or take the bus to the language school each day (maximum 20 minutes trip one way).

[Vegetarian meals offered \(vegan meals – availability is limited\)](#)

[Gluten free – not offered](#)



Sheets are provided & towels are not provided

Rooms are cleaned once a week

Meals: breakfast and evening meals with your hosts. Lunch at the school during the week, or packed lunches at the weekend or for excursions or free days

Wifi

Hosts do not have air conditioning

Students staying with hosts, spend their evenings with family members, except for the BBQ evening on Monday and the Friday party evening.

Residence Descriptions

Whilst we do our best to ensure you are placed in the residence of your choice, we cannot guarantee a specific site. Student placement is based on achieving the best mix of age, nationality, and language ability in the residences, to ensure the best social and working environment, for every student.

Residence One



This residence is situated in a quiet area on the border of Antibes and Juan-les-Pins, just 10 minutes' walk from the beaches and shops of Juan-les-Pins, and caters for up to 80 students. Students really enjoy the use of the on-site sun terrace, a TV room, a small swimming pool, wifi access, air conditioning and a snack bar.

School staff will live in the residence with the students – so if there are any questions, there is always someone to turn to.

A Moorish building exclusively reserved for the language students

[VIP Residence One supplement option:](#) Shared rm with balcony & towel kit: **€250.00 extra per week**

37 double rooms (with small private bathrooms) and a few rooms catering for 3 or 4 students, in a building with 3 levels

1,2 km from the main school

450 m from Juan-les-Pins centre

25 km from Nice Côte d'Azur Airport (20 / 30 mins by car)

600 m from the sandy beaches of Juan-les-Pins

1 km from Antibes town centre

Travel

Arrive: Sunday

Depart: Saturday AM

Fly to Nice International and take the inclusive college arranged transfer service from Nice airport or Antibes station to the student accommodation in Antibes. The return transfer fee is also an inclusive item in the course fees.

Please ensure the flights arrive on the Sunday at a reasonable hour and depart at a reasonable time on the Saturday. Set arrival days/times apply to the transfer service and cannot be altered.

You are welcome to arrive/depart on Saturday or Sunday of any weekend the school is open, but if not arriving on Sunday, or departing on Saturday a supplement for students is EUR 165.00 (shared room) will be applied per extra night.

Unaccompanied Minor Travel:

Please let CESA know if you book this airline service, so we can advise the school well in advance

A small swimming-pool, about 30 m² (with outdoor sun beds) – closed in cooler months
A snack bar with a large terrace, Food and drink vending machines are available on site
A TV room is available for our students Air conditioning in the residence

Full board:

Breakfast and dinners are taken at Residence One, lunch is taken at the school, at weekends a picnic lunch is offered

Vegetarian meals are offered (please note vegan meals are not offered)

Gluten free meals can be provided – but the supplement for this service is high!

Light cleaning is done every day in the rooms, thorough cleaning once a week. However, occupants are asked to maintain their room in a reasonable state of cleanliness.

Student rooms:

37+ light, airy rooms each with private shower and WC
Each room has two single beds (a few have up to 4 beds)
Sheets are provided and changed every week

Rooms are approximately 14 to 20 m²
One bathroom with toilets and shower
Towels are not provided

Second Residence



This residence consists of 30+ studio apartments in a very quiet location, a few minutes' walk from the shops and beaches and 5 minutes' walk from Residence One

You'll be able to enjoy the pleasant private outdoor area surrounding the residence.



Free Wi-Fi, coin-operated washing machines, drinks machines, a television room and a reception so everyone has easy access to information. Rooms include: air-conditioning, television, shower room and toilet

Bed linen is supplied and changed weekly. However towels are not supplied.

Full board:

Breakfast and dinners are taken at Residence One, lunch is taken at the school, at weekends a picnic lunch is offered

Vegetarian meals are offered (please note vegan meals are not offered)

Gluten free meals can be provided – but the supplement for this service is high!

Light cleaning is done every day in the rooms, thorough cleaning once a week. However, occupants are asked to maintain their room in a reasonable state of cleanliness.

Student rooms:

30+ rooms each with private shower and WC
Each room has two single beds
Sheets are provided and changed every week

Rooms are approximately 14 to 20 m²
One bathroom with toilets and shower
Towels are not provided

Third Residence



This residence consists of 20+ shared rooms around 5 minutes' walk from Residence One, in a Provencal building. Allow around 10 minutes' walk from the shops and beaches. You'll take your meals in Residence One.

Student rooms:

30+ rooms each with private shower and WC
Air conditioning
Each room has single beds (3/4 students per room)
Free wifi
Sheets are provided & towels are not provided



Residence Access: Room access is restricted for safety and security reasons and to assist cleaning (times are posted on site)



Going Out Permission

Residence Curfews

All ages

All students are welcome to leave campus unsupervised until **19.30 hrs** and must then return for dinner to the residence. *The school will welcome 12 year olds on the courses, only if staying in a residence, but they will NOT be allowed out unaccompanied at the end of the activities.*

For 13/15 year olds

Students aged 15yrs or younger will not be able to go out at night unsupervised, except for compulsory BBQ on Monday and Friday party (ending at 23.00hrs). No alternative curfews or restrictions can be implemented.

For 16/17yr olds

Parents must then choose one of the following options:

Option One/ The student **cannot go out unsupervised** after dinner (19.30hrs) apart from the Monday and Friday events.

Option Two/ The student can go out unsupervised **up to 22.00hrs** Monday to Thursday evening and **until 00.00hrs** on both Friday & Saturday, & the day prior to a bank holiday (if applicable) and **19.30hrs** on Sunday evening.

Host Curfews

All ages

All students are welcome to leave campus unsupervised until **19.30 hrs** and must then return for dinner to their hosts.

For 13/15 year olds

Students aged 15yrs or younger will not be able to go out at night unsupervised, except for compulsory BBQ on Monday and Friday party (ending at 23.00hrs). No alternative curfews or restrictions can be implemented.

For 16/17 year olds

Students in a host family will be allowed to go out Monday to Thursday nights, **until 22.00hrs**, including Monday for the school arranged BBQ and **until 00.00am on Friday & Saturday** & the day prior to a bank holiday (if applicable) in accordance with the college director's rules and **19.30hrs** on Sunday evening..

Ready to enrol?

Book here online or

call CESA 01209 211800

A deposit of €300.00, \$350.00 or £250.00 is required on booking (or full fees if enrolling close less than 8 weeks before the start date).

CESA
Languages Abroad



> [Antibes Teens \(outside summer\) online](#)