

Over 50 Italian course

Rome 2026

Would you like to improve your Italian, take a cultural holiday in Rome and share the experience with other mature students?

On set dates each Spring and Autumn we offer you the chance to practise and improve your Italian with other adult students. The programme also enables you to explore the city with an Italian guide and sample the wines, enjoy a traditional meal and tour some of the amazing churches and museums that Rome offers.



Course Format:

One or two week duration

20 group language lessons per week (mixed age group) plus social programme per week

Max. 14 people per class

Levels: All ability levels

Timetable: Morning timetable plus social programme in the afternoons and some evenings

Course Notes

Open to students of all language levels, these courses concentrate on developing general language skills (speaking, listening, reading and writing) and are always held in Italian. These short-term Italian courses are aimed at those who need to build on current skills or who want to learn Italian in Rome, from scratch on an Italian immersion course, with their peers. Older adults are placed in classes together wherever viable, however if necessary, a student is placed in a class with a mixed aged group to ensure the language tuition is appropriate for their skill level.

The programme is aimed at those students who wish to share the experience with their peers whilst concentrating on developing their communication skills.

The morning course of Standard Italian Language is designed to improve language and conversational skills and heighten the awareness and appreciation of the Italian culture.

Classes are in small groups (mixed age group) with the emphasis on oral expression, as well as social and cultural aspects rather than grammar analysis and written skills.



Course Dates: 2026

Arrival: Sunday

Classes: Monday/Friday

Departure: Saturday

One & Two week start dates:

Monday 16 March

Monday 15 June

Monday 12 October

Course Fees:

One week € 730.00

Two weeks € 1325.00

CESA admin fee: € 70.00

Accommodation Fees:

Important note: Accommodation fees are paid DIRECTLY in Italy, not via CESA

Italian hosts: B&B, single room

One week € 288.00

Two weeks € 494.00

Italian hosts: half-board, single room

One week € 384.00

Two weeks € 702.00

Shared rooms also available



Course Activities First Week:

Guided tour of ancient Rome

Visit of famous historical sites (Coliseum, Palantine Hill, Forum Romanum, etc.)

Special dinner in Ancient Rome

Guided visit of the Vatican Museums

Course Activities Second Week:

One day field trip to "Frascati's" vineyards and its historical and artistic centre with lunch in a typical 'fraschetta'

Visit of 'Porta Portese' Flee Market and Farmer Market

Sunset visit of the Jewish ghetto

Guided shopping "From the Market to the Table"

Visiting Art Galleries

Exact timetable may vary from the above itinerary

Public holidays: There are public holidays in the year, but they don't coincide with the Over 50 course dates.



Accommodation

Students can choose to stay with local Italian hosts (great for practising your Italian out of class!) or in local Hotels (all categories offered, just let us know your preference).

Italian hosts:

Many language students choose to stay with hosts. You will be provided with a single room with a hostess, on a Bed and breakfast or half-board basis.

Host accommodation generally involves a short commute in from residential areas, (allow 20/30 mins).

Travel/Transfers

Transfer on arrival:

Collection from Rome international airport: **€100.00** / one way

If arriving in Rome, you can either book the Italian language school private transfer or make your own way into the city centre and your accommodation.



Background information

With over 38 years of teaching experience, and between 80 /200 students studying each month the college in Rome offers a wonderful language learning environment for ALL linguistic needs in a central city location. Students have easy access to the wonders of the eternal city, the Vatican, the Colosseum, the Forum and the Trevi Fountain.

The artistic and archaeological heritage in the city is quite breath taking. The college is situated in a pedestrian area, just off the Corso Vittorio Emanuele, in a 17th c building. The facilities include 12 classrooms, a student lounge (with internet access) and cafeteria. Rome has plenty to offer the language student. The college requires all their teachers to have university degrees and extensive experience teaching Italian as a Foreign Language.

Course Duration	1-48 weeks+ Over 50 course : 1 /2wks
Minutes per Italian lesson	45
Minimum age	16 yrs (year round) / no upper age limit
No. of Classrooms	18
No. of students /quietest months	200 per month
No. of students /busiest months	260 per month

www.cesalanguages.com

If you wish to discuss the programme please call us on **01209 211800** or email us to check course availability.